

Bread for Others

1. If possible, bring a loaf of bread as a visual for this activity and place it on the prayer table.
2. Brainstorm with the children the many people who need to know God's love by being given food to eat. Ask them, "Who is hungry in the world?"
3. After allowing time for discussion, distribute art paper and markers and invite the children to draw a large loaf of bread in the middle of it.
4. Ask them to write the places and people in the world who need more food. Invite them to take their artwork home and share it with their families. Tell them to pray at each mealtime for those who have no food to eat.
5. Remind the children that there is another kind of bread that all can share. It is the Bread of Life that we receive in Holy Communion. It nourishes the soul as well as the body.



Be My
Disciples