

Putting on the Cross of Christ

1. Tell the young people that all are called to follow Jesus in every aspect of their lives. Sometimes the path is easy, and sometimes it is hard.
2. Distribute construction paper, scissors, and pencils to the students. Invite them to cut out large crosses in a style of their own choice.
3. Ask them to hold their crosses and reflect quietly on the ways they may be called upon in their lives to follow Jesus. Then tell them to write some of these challenges on their crosses. Assure them that this is a silent activity and they will not be asked to share their answers.
4. Ask them to bring their crosses up silently and place them on the table in your prayer center.
5. Join hands and pray the Our Father together.

