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During the Concluding Rites, the priest or deacon proclaims one of the following:

- Go forth, the Mass is ended.
- Go and announce the Gospel of the Lord.
- Go in peace, glorifying the Lord by your life.
- Go in peace.

What do we reply?

At the end of the Mass, we are sent forth on a mission to praise and bless God by our words and actions. In the space below, write two ways that participating in the Eucharist helps you to praise and bless God with words and actions.

