

## Proclaiming Our Belief in the Holy Trinity

Every week at Mass we proclaim and renew our faith in the Holy Trinity.

The Sign of the Cross, the Gloria and the Nicene Creed are a few of the ways we proclaim our belief in the Trinity, but there are many other references to the Trinity throughout the Mass.

Using the We Celebrate the Mass section in the back of your *Be My Disciples* book, make a list of the ways our belief in the Trinity is proclaimed. Then, look up the readings for this Sunday's liturgy (find these at <a href="http://old.usccb.org.nab/">http://old.usccb.org.nab/</a>) or ask your catechist or teacher to find them and look for more references to the Trinity. (You may not find any.) Finally, when you celebrate the liturgy, pay attention to the words of the songs and hymns you sing. Many of them profess our belief in the Trinity too!

The Introductory Rites:
The Liturgy of the Word:
The Liturgy of the Eucharist:
The Communion Rite:
The Concluding Rites:
Hymns and Sonas