

Understanding the Beatitudes

1. **Blessed are the poor in spirit, for theirs is the kingdom of heaven.**

We are poor in spirit when we place our trust in God.

2. **Blessed are they who mourn, for they will be comforted.**

We help those who are hurting so they know God is with them.

3. **Blessed are the meek, for they will inherit the land.**

We humbly treat others with respect and kindness.

4. **Blessed are they who hunger and thirst for righteousness, for they will be satisfied.**

We work so that everyone will be treated justly.
We share our blessings with others.

5. **Blessed are the merciful, for they will be shown mercy.**

We are generous, kind, and forgiving. We are patient with others.

6. **Blessed are the clean of heart, for they will see God.**

We love others as Jesus loves us. We try to see Jesus in all people.

7. **Blessed are the peacemakers, for they will be called children of God.**

We work for peace on Earth so we will be prepared for the Kingdom.

8. **Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.**

We make sacrifices to honor Jesus' sacrifice. We stand up for what is right, even when it is not easy.

