

## Disciple Power

1. Invite the children to browse through their books and notice the Disciple Power feature in each chapter.
2. Ask volunteers to call out the words they see highlighted there. Write them on the board as they name them.
3. Point out that some these words represent good habits called virtues. Some of the words are Gifts of the Holy Spirit, like the gift of courage. Others are evidence that we are living as disciples. For example, if we are joyful people, it is a sign that we are followers of Jesus. Joy is a Fruit of the Holy Spirit. All these words have to do with being good disciples.
4. Ask the children to take a piece of paper and divide it into two columns. Label one column “Good Habits I Have.” Label the second column “Good Habits I Will Have.”
5. Ask them to write three words in the left column and three words in the right.
6. Invite volunteers to share what they have written.
7. Tell the children that this year they will learn each week how to form one of the habits of disciples of Jesus. Ask them to save their papers in their books and review them from time to time to check their progress.

