

Unit 1: We Believe, Part One

CHAPTER 1 - The Bible

Faith Concepts:
 • The Bible is God's Word to us.
 • Stories in the Bible teach us about God's love.
 • We listen to the Bible at Mass.

Sacred Scripture: Luke 11:28 and Ephesians 5:1, 6:1 (Listen to God's Word); Acts of the Apostles 8:26-40 (Saint Philip converts an African man.)

Disciple Power: faithful (Fruit of the Holy Spirit)

Faith Vocabulary: Bible

Faith-Filled People: Saint Philip the Apostle

Catholics Believe: Readings at Mass

The Church Follows Jesus: Saint Augustine's conversion

Prayer: A Listening Prayer

Catechism of the Catholic Church (CCC): 101-133

U.S. Catholic Catechism for Adults (USCCA): pp. 11-15

CHAPTER 2 - God Loves Us

Faith Concepts:
 • God's gift of faith helps us to know him and believe in him.
 • Jesus helps us best to know, love, and believe in God.
 • The Church and our family also help us to know, love and serve God.

Sacred Scripture: Genesis 17:4, 15-16 (God's promise to Abraham); Psalm 139:1-6 (All-knowing God)

Disciple Power: generosity (Fruit of the Holy Spirit)

Faith Vocabulary: faith, believe

Faith-Filled People: Isaac

Catholics Believe: Sign of the Cross

The Church Follows Jesus: Saint Rose of Lima

Prayer: The Sign of the Cross

Catechism of the Catholic Church (CCC): 80-85, 142-175

U.S. Catholic Catechism for Adults (USCCA): pp. 35-47

CHAPTER 3 - God, Our Father and Creator

Faith Concepts:
 • God is the Creator who made the whole world out of love.
 • God creates every person in his image and likeness.
 • Jesus taught us that God is our Father.

Sacred Scripture: Genesis 1:26-31 (Creation of Humans); Psalm 136:4 (Hymn of Thanksgiving); Luke 11:2 (Jesus teaches the Our Father)

Disciple Power: wonder (Gift of the Holy Spirit)

Faith Vocabulary: Creator, image of God

Faith-Filled People: Saint Catherine of Siena

Catholics Believe: The Our Father

The Church Follows Jesus: Saint Kateri Tekakwitha

Prayer: A rebus prayer of thanksgiving

Catechism of the Catholic Church (CCC): 232-248, 268-314

U.S. Catholic Catechism for Adults (USCCA): pp. 53-56, 67-68

CHAPTER 4 - Jesus, the Son of God

Faith Concepts:
 • Jesus is the Son of God and the only son of Mary.
 • Jesus shared God's love with everyone.
 • The family of Jesus, Mary and Joseph is called the Holy Family.

Sacred Scripture: Luke 2:1-7 (The Birth of Jesus in Bethlehem); Luke 2:15-17, 20 (The shepherds visit the Holy Family.)

Disciple Power: kindness (capital virtue)

Faith Vocabulary: Son of God, Holy Family

Faith-Filled People: Saints Anne and Joachim

Catholics Believe: Lord, Have Mercy prayer

The Church Follows Jesus: Las Posadas

Prayer: Jesus, I Love You (sign language)

Catechism of the Catholic Church (CCC): 456-478, 512-560

U.S. Catholic Catechism for Adults (USCCA): pp. 77-87, 143-149

Unit 2: We Believe, Part Two

CHAPTER 5 - Mary, the Mother of Jesus

Faith Concepts:
 • God chose Mary to be the mother of Jesus.
 • The Bible tells us about Mary's faith in and love for God.
 • Mary loves and trusts God.

Sacred Scripture: Luke 1:28, 31, 35, 38, 42 (The Annunciation); Psalm 1:1-2 (Happiness comes from God's Law.)

Disciple Power: courage (Cardinal Virtue)

Faith Vocabulary: angels

Faith-Filled People: Saint Juan Diego

Catholics Believe: Feast Days of Mary

The Church Follows Jesus: Saint Mother Théodore Guérin

Prayer: Psalm Prayer

Catechism of the Catholic Church (CCC): 484-507

U.S. Catholic Catechism for Adults (USCCA): pp. 141-149

CHAPTER 6 - Jesus Shares God's Love

Faith Concepts:
 • Jesus loved us so much that he gave his life for us.
 • Jesus died on the Cross, rose from the dead, and is alive.
 • Jesus returned to his Father in Heaven.

Sacred Scripture: Mark 10:14-16 (Jesus welcomes the children.); Luke 24:1-4, 6; Matthew 28:7 (Resurrection of Jesus)

Disciple Power: hope (Theological Virtue)

Faith Vocabulary: cross, disciples

Faith-Filled People: Saint Mary Magdalene

Catholics Believe: Candlemas Day

The Church Follows Jesus: Saint Gianna Beretta Molla

Prayer: Act of hope

Catechism of the Catholic Church (CCC): 561; 620-621; 629; 656-665

U.S. Catholic Catechism for Adults (USCCA): pp. 77-87

CHAPTER 7 - The Holy Spirit, Our Helper

Faith Concepts:
 • The Holy Spirit helps and teaches us to pray.
 • The Holy Trinity is One God in Three Divine Persons.
 • The Holy Spirit gives us the gifts to help us love God and others.

Sacred Scripture: John 14:16, 26 (Jesus' promise to send the Holy Spirit); John 13:34 (Jesus' New Commandment to love one another)

Disciple Power: counsel (Gift of the Holy Spirit)

Faith Vocabulary: Holy Spirit, Holy Trinity

Faith-Filled People: Saint Patrick

Catholics Believe: Signs and symbols

The Church Follows Jesus: Signs of the Holy Spirit

Prayer: Prayer to the Holy Spirit

Catechism of the Catholic Church (CCC): 232-248, 683-741

U.S. Catholic Catechism for Adults (USCCA): pp. 101-110

CHAPTER 8 - The Church

Faith Concepts:
 • The Holy Spirit helps all the members of the Church.
 • The Church helps us to do what Jesus taught us.
 • The Saints help us to live as followers of Jesus.

Sacred Scripture: Acts 2:42 (The early Christians were the first Church.); Acts 2:1-4 (Pentecost brings early believers together.)

Disciple Power: reverence (Gift of the Holy Spirit)

Faith Vocabulary: Church, Catholic

Faith-Filled People: Saint Peter the Apostle

Catholics Believe: The Pope is the successor of Saint Peter.

The Church Follows Jesus: Saint Paul

Prayer: Litany of the Saints

Catechism of the Catholic Church (CCC): 737-741, 748-801

U.S. Catholic Catechism for Adults (USCCA): pp. 111-123

Unit 3 We Worship, Part One

CHAPTER 9 - The Church Celebrates Jesus
Faith Concepts: • The Church has special times and seasons of the year. • The Church's year is made up of Advent, Christmas, Lent, Easter, and Ordinary Time. • Sunday is the Lord's Day.
Sacred Scripture: Ecclesiastes 3:1 (There is a time for everything.)
Disciple Power: prudence (Cardinal Virtue)
Faith Vocabulary: Church's year, Easter
Faith-Filled People: Saint Joseph
Catholics Believe: Holy Days of Obligation
The Church Follows Jesus: Celebrating Sunday
Prayer: Prayer of praise
<i>Catechism of the Catholic Church (CCC): 1163-1173</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 173, 175, 178</i>
CHAPTER 10 - Signs of God's Love
Faith Concepts: • In Baptism, God shares his love and life with us. • In Baptism, we receive the gift of the Holy Spirit. • In Confirmation, we are sealed with the gift of the Holy Spirit to help us live out our Baptism.
Sacred Scripture: Mark 1:10-11 (Jesus is baptized. Jesus is God's Son.)
Disciple Power: hospitality (capital virtue)
Faith Vocabulary: Sacraments, Baptism
Faith-Filled People: Godparents
Catholics Believe: Baptismal candle
The Church Follows Jesus: Project Star Fish
Prayer: Thank you, Lord
<i>Catechism of the Catholic Church (CCC): 1113-1130, 1210-1274</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 183-197, 203-209</i>
CHAPTER 11 - We Follow Jesus
Faith Concepts: • The Gospel is the Good News that Jesus told about God's love. • Jesus told his disciples to tell everyone the Good News. • When we listen to the Gospel, we come to know Jesus better and grow in faith.
Sacred Scripture: Mark 16:15 (Jesus tells us to proclaim the Gospel.); Matthew 28:19-20 (Baptize all nations.)
Disciple Power: goodness (Fruit of the Holy Spirit)
Faith Vocabulary: Gospel
Faith-Filled People: Blessed Teresa of Calcutta
Catholics Believe: The four Gospels
The Church Follows Jesus: Saint Francis of Assisi
Prayer: Prayer before the Gospel
<i>Catechism of the Catholic Church (CCC): 124-133, 849-856</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 79-85</i>
CHAPTER 12 - The Catholic Family
Faith Concepts: • Christian families are signs of Jesus' love in the world. • Members of a family share their love for God & one another. • Our family helps us to live our faith.
Sacred Scripture: Luke 2:39-40 (The Holy Family)
Disciple Power: faithful (Fruit of the Holy Spirit)
Faith Vocabulary: marriage, Matrimony
Faith-Filled People: Saint Elizabeth Ann Seton
Catholics Believe: The Family Church (domestic Church)
The Church Follows Jesus: Holy Family Day Home
Prayer: A Family Blessing
<i>Catechism of the Catholic Church (CCC): 1601-1658, 2197-2233</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 279-287</i>

Unit 4 We Worship, Part Two

CHAPTER 13 - We Pray
Faith Concepts: • Prayer is listening and talking to God. • When we pray, we grow in our love for God. • God always listens to our prayers.
Sacred Scripture: Matthew 6:7 (Jesus teaches us to pray.)
Disciple Power: patience (capital virtue)
Faith Vocabulary: prayer
Faith-Filled People: Saint Thérèse, the Little Flower
Catholics Believe: Meal prayers
The Church Follows Jesus: Prayer partners
Prayer: Hail Mary
<i>Catechism of the Catholic Church (CCC): 2558-2619</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 466-468 and 476-477</i>
CHAPTER 14 - We Are Peacemakers
Faith Concepts: • Sin hurts our relationship with God and others. • When we say that we are sorry, we show that we love God and others. • When we say that we are sorry, we ask for forgiveness from God and from others.
Sacred Scripture: Matthew 6:12 (Jesus teaches us to forgive others.); Matthew 18:21-22 (Jesus tells us to forgive over and over again.)
Disciple Power: peace (Fruit of the Holy Spirit)
Faith Vocabulary: sin
Faith-Filled People: Saint John Vianney
Catholics Believe: Sign of Peace
The Church Follows Jesus: Blessed Pope John Paul II
Prayer: Prayer of Mercy
<i>Catechism of the Catholic Church (CCC): 1420-1484, 1846-1869</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 235-236</i>
CHAPTER 15 - We Go to Mass
Faith Concepts: • At Mass, we worship God. • At Mass, we listen to readings from the Bible. • At Mass, we celebrate and share the Eucharist.
Sacred Scripture: Psalm 92:2 (Give thanks to the Lord.); Matthew 26:26-28 (The Last Supper)
Disciple Power: perseverance (capital virtue)
Faith Vocabulary: Mass, Eucharist
Faith-Filled People: priests
Catholics Believe: peacemakers
The Church Follows Jesus: First Communion candidates visit the elderly.
Prayer: Thank you, God
<i>Catechism of the Catholic Church (CCC): 1322-1405</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 215-227</i>
CHAPTER 16 - Jesus Shows God's Love
Faith Concepts: • Jesus saw that the people were hungry and gave them all enough to eat. • Jesus showed people that God cares for them. • Jesus teaches us to care for people.
Sacred Scripture: Luke 22:19-20 (Last Supper); Matthew 14:15-16, 19-20 (Jesus feeds the people.)
Disciple Power: wisdom (Gift of the Holy Spirit)
Faith Vocabulary: Galilee, miracle
Faith-Filled People: Saint María de Jesús
Catholics Believe: grace
The Church Follows Jesus: CRS Rice Bowl
Prayer: A blessing prayer
<i>Catechism of the Catholic Church (CCC): 302-308, 547-550</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 79-80, 215-216, 222-223</i>

Unit 5 We Live, Part One

CHAPTER 17- The First Christians

Faith Concepts: <ul style="list-style-type: none"> • Christians believe in Jesus Christ and try to do what he taught. • The first Christians gathered together and loved God and one another. • Christians today show their love for one another just as the first Christians did.
Sacred Scripture: Acts of the Apostles 2:42, 45-47 (How the first Christians lived); Acts 13:52 (The disciples were filled with joy and the Holy Spirit.)
Disciple Power: understanding (Gift of the Holy Spirit)
Faith Vocabulary: Christians
Faith-Filled People: Saint Paul the Apostle
Catholics Believe: Patron Saints
The Church Follows Jesus: Saint Martin de Porres
Prayer: Praise the Lord
<i>Catechism of the Catholic Church (CCC): 849-852, 1397, 2020-2046</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 118-119</i>

CHAPTER 18 - We Love God

Faith Concepts: <ul style="list-style-type: none"> • The Ten Commandments teach us to worship God. • The Ten Commandments teach us to speak God's name with love and respect. • The Ten Commandments teach us to take part in Mass on Sundays.
Sacred Scripture: Exodus 20:6 (Keep God's Commandments.); John 13:34 (Jesus gives a New Commandment of love.)
Disciple Power: knowledge (Gift of the Holy Spirit)
Faith Vocabulary: Ten Commandments, worship
Faith-Filled People: Saints Clare and Agnes
Catholics Believe: cathedrals
The Church Follows Jesus: Christians build churches
Prayer: An Act of Love
<i>Catechism of the Catholic Church (CCC): 2052-2074</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 341-369</i>

CHAPTER 19 - We Love Others

Faith Concepts: <ul style="list-style-type: none"> • We are to treat ourselves and others as children of God. • We are to show respect for other people. • We are to tell the truth.
Sacred Scripture: Exodus 6:24 (God gives us Commandments to be friends.)
Disciple Power: temperance (Cardinal Virtue)
Faith Vocabulary: respect, honor
Faith-Filled People: Saint Vincent de Paul
Catholics Believe: collection at Mass
The Church Follows Jesus: St. Vincent de Paul Society
Prayer: Lord, Hear Our Prayer
<i>Catechism of the Catholic Church (CCC): 2052-2074</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 375-455</i>

CHAPTER 20 - We Live as a Community

Faith Concepts: <ul style="list-style-type: none"> • The Great Commandment teaches us to love God and to love others as we love ourselves. • The Great Commandment helps us to follow Jesus. • The Great Commandment helps us to live as good members of our community.
Sacred Scripture: Matthew 22:34-40 (Jesus gives the Great Commandment.); Psalm 25:4-5 (Teach me your ways, Lord.)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: community, Great Commandment
Faith-Filled People: Saint Louis IX
Catholics Believe: religious communities
The Church Follows Jesus: Saint Peter Claver
Prayer: Psalm 25:4-5 (Praying the Bible)
<i>Catechism of the Catholic Church (CCC): 1877-1942, 1949-1974, 2234-2246</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-309</i>

Unit 6 We Live, Part Two

CHAPTER 21- Jesus and the Children

Faith Concepts: <ul style="list-style-type: none"> • God loves all people. • God wants all people to come to him. • God wants us to live in Heaven.
Sacred Scripture: John 15:15 (Jesus calls us friends.); Mark 10:13-14, 16 (Jesus invites the children to come to him.)
Disciple Power: joy (Fruit of the Holy Spirit)
Faith Vocabulary: Kingdom of God
Faith-Filled People: Saint Nicholas
Catholics Believe: Children's Choir
The Church Follows Jesus: Holy Childhood Association
Prayer: Guided Imagery
<i>Catechism of the Catholic Church (CCC): 541-550, 2816-2821</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 67-68, 310</i>

CHAPTER 22 - We Are Children of God

Faith Concepts: <ul style="list-style-type: none"> • God created all people in his image. • God gives us the gift of life. • We are to take care of the gift of life.
Sacred Scripture: Genesis 1:27 (God created people in his image.)
Disciple Power: gentleness (Fruit of the Holy Spirit)
Faith Vocabulary: children of God, glory
Faith-Filled People: Saint Josephine Bakhita
Catholics Believe: Blessed Sacrament
The Church Follows Jesus: Sisters of the Blessed Sacrament
Prayer: Glory Be
<i>Catechism of the Catholic Church (CCC): 355-361, 1699-1709</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 67-68</i>

CHAPTER 23 - Jesus Teaches about Love

Faith Concepts: <ul style="list-style-type: none"> • Jesus told the parable of the Good Samaritan to help us live as his followers. • God wants us to care for others. • We show charity when we love our neighbors.
Sacred Scripture: Luke 10:30-37 (Jesus tells the parable of the Good Samaritan.)
Disciple Power: charity (Theological Virtue)
Faith Vocabulary: parable
Faith-Filled People: Saint Isidore the Farmer
Catholics Believe: Prayer of the Faithful
The Church Follows Jesus: Saint Frances Cabrini
Prayer: Prayer of the Faithful
<i>Catechism of the Catholic Church (CCC): 546</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 27-31, 79-80</i>

CHAPTER 24 - The Our Father

Faith Concepts: <ul style="list-style-type: none"> • Jesus taught us to pray the Our Father. • The Our Father is a prayer for all God's children. • The Our Father is also called the Lord's Prayer.
Sacred Scripture: Matthew 6: 9-13 (Jesus teaches the Our Father.)
Disciple Power: humility (capital virtue)
Faith Vocabulary: Our Father
Faith-Filled People: Sister Thea Bowman
Catholics Believe: The Lord's Prayer
The Church Follows Jesus: Blessed Mother Teresa of Calcutta
Prayer: The Our Father
<i>Catechism of the Catholic Church (CCC): 2759-2856</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 483-492</i>

Unit 1 We Believe, Part One

CHAPTER 1 - The Bible
Faith Concepts: <ul style="list-style-type: none"> • The Bible is the revealed and written Word of God. • The Bible is made up of the Old and New Testaments. • The Gospels tell us about Jesus.
Sacred Scripture: Psalm 119:14, 130, 160 (The Word of God brings joy, hope, and light to our lives); Hebrews 1:1–2 (God has revealed Himself partially in the past.); Luke 11:28 (We are happy to hear the Word of God.)
Disciple Power: respect (capital virtue)
Faith Vocabulary: Bible, disciples
Faith-Filled People: King David
Catholics Believe: The Gospels
The Church Follows Jesus: Saint Jerome
Prayer: A Listening Prayer
<i>Catechism of the Catholic Church (CCC): 101-114, 125, 127, 139, 1349</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 11-15</i>
CHAPTER 2 - We Know and Love God
Faith Concepts: <ul style="list-style-type: none"> • God reveals himself in his creation. • Jesus is the greatest sign of God's love. • The Church helps us know God and his love for us.
Sacred Scripture: Psalm 25:4 (God teaches us his path.); Matthew 6:26 (Jesus invites us to have faith in God.)
Disciple Power: hospitality (capital virtue)
Faith Vocabulary: believe, faith
Faith-Filled People: Saint Philip the Apostle
Catholics Believe: the parish
The Church Follows Jesus: a parish community
Prayer: an act of faith
<i>Catechism of the Catholic Church (CCC): 50-67, 84-85, 142-175</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 50-53</i>
CHAPTER 3 - The Holy Trinity
Faith Concepts: <ul style="list-style-type: none"> • God the Father is the First Person of the Holy Trinity. • God the Son is the Second Person of the Holy Trinity. • God the Holy Spirit is the Third Person of the Holy Trinity.
Sacred Scripture: Matthew 22:37-39 (Jesus teaches the Law of Love.); Luke 11:13 (The Father sends the Holy Spirit.); John 14:13-16 (The Promise of the Holy Spirit.)
Disciple Power: wonder (Gift of the Holy Spirit)
Faith Vocabulary: Holy Trinity, soul
Faith-Filled People: Saint Patrick
Catholics Believe: The Sign of the Cross
The Church Follows Jesus: Catholics pray in their own language.
Prayer: Signing ourselves with blessed water
<i>Catechism of the Catholic Church (CCC): 232-260</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 51-53</i>
CHAPTER 4 - God, Our Father
Faith Concepts: <ul style="list-style-type: none"> • God is the Creator, who created all things out of love. • God is almighty and can do all things. • Jesus taught us that God is our Father.
Sacred Scripture: Genesis 1:1, 7–12, 16, 20–21, 24–25, 27, 31 (God is the Creator); 1 John 3:1 (We are children of God.); Matthew 6:9 (The Lord's Prayer is taught.)
Disciple Power: honor (capital virtue)
Faith Vocabulary: Creator, almighty
Faith-Filled People: Saint Bonaventure
Catholics Believe: The Lord's Prayer
The Church Follows Jesus: a school stewardship project
Prayer: The Our Father
<i>Catechism of the Catholic Church (CCC): 268-274, 279-314, 325-349</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 50-54</i>

Unit 2 We Believe, Part Two

CHAPTER 5 - Jesus, Son of God
Faith Concepts: <ul style="list-style-type: none"> • The Covenant is a sign of God's love and mercy. • God made covenants with Noah, Abraham, and Moses. • The birth of Jesus Christ, the Son of God, is a sign of God's love and mercy.
Sacred Scripture: Isaiah 7:14; 9:5-6 (God will send a Messiah.); Matthew 14:13-20 (Jesus feeds the crowd.); Luke 2:4-7 (The Birth of Jesus)
Disciple Power: mercy (capital virtue)
Faith Vocabulary: Covenant, Jesus Christ
Faith-Filled People: the Blessed Virgin Mary
Catholics Believe: Works of Mercy
The Church Follows Jesus: Saint Martin de Porres
Prayer: The Angelus
<i>Catechism of the Catholic Church (CCC): 51-67, 456-560</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 77-87</i>
CHAPTER 6 - Jesus, the Savior
Faith Concepts: <ul style="list-style-type: none"> • Jesus Christ is the Savior whom God promised to send us. • Jesus suffered death on the Cross to save all people from their sins. • God the Father raised his Son, Jesus, from death to new life.
Sacred Scripture: Matthew 1:20–23 (Joseph's dream); Luke 23:33–34, 44, 46 (Jesus' Crucifixion and Death); Luke 24:4, 6, 8, 11–12 (Jesus' Resurrection); John 13:33–35 (Jesus' disciples love one another.) John 15:13 (The greatest love)
Disciple Power: sacrifice (Fruit of the Holy Spirit as related to love)
Faith Vocabulary: Crucifixion, Resurrection
Faith-Filled People: Saint Mary Magdalene
Catholics Believe: The Crucifix
The Church Follows Jesus: Saint Elizabeth of Hungary
Prayer: Memorial Acclamation C
<i>Catechism of the Catholic Church (CCC): 422-451, 456-478, 599-655</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 91-98</i>
CHAPTER 7 - The Holy Spirit
Faith Concepts: <ul style="list-style-type: none"> • Jesus promised the Father would send the Holy Spirit. • The Holy Spirit came to the disciples on Pentecost. • The Holy Spirit is our helper and teacher.
Sacred Scripture: Luke 24:49 (The Promise of the Holy Spirit); Acts 2:1-4, 14, 22 (Peter's proclaiming at Pentecost); 1 Corinthians 12:4-7 (Unity and diversity in the Church.)
Disciple Power: generosity (Fruit of the Holy Spirit)
Faith Vocabulary: Ascension, Pentecost
Faith-Filled People: Saint Luke the Evangelist
Catholics Believe: Gifts of the Holy Spirit
The Church Follows Jesus: Kids' Kitchen
Prayer: prayer to the Holy Spirit
<i>Catechism of the Catholic Church (CCC): 687-741</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 102-108</i>
CHAPTER 8 - The Church
Faith Concepts: <ul style="list-style-type: none"> • The Church is the People of God who follow Jesus Christ. • The Church is the Body of Christ. • The Church is the Communion of Saints.
Sacred Scripture: Matthew 28:19-20 (Baptize all nations.); Acts 2:42-47 (Early Church life); 1 Corinthians 12:13 (We are part of the Body of the Christ.)
Disciple Power: goodness (Fruit of the Holy Spirit)
Faith Vocabulary: Body of Christ, Communion of Saints
Faith-Filled People: the Faithful
Catholics Believe: patron Saints
The Church Follows Jesus: Father Augustus Tolton
Prayer: a Litany of Saints
<i>Catechism of the Catholic Church (CCC): 751-776, 781-801, 874-993</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 143-147</i>

Unit 3 We Worship, Part One

CHAPTER 9 - We Celebrate God's Love

Faith Concepts:

- We worship God by using words and actions.
- We worship God when we celebrate the Sacraments.
- The Holy Spirit helps us to celebrate the Sacraments and worship God.

Sacred Scripture: Psalm 100:1-2 (The Lord is King.); Mark 5:22-24, 38, 41-42 (The raising of Jairus' daughter)

Disciple Power: piety (Gift of the Holy Spirit)

Faith Vocabulary: worship, Sacraments

Faith-Filled People: Saint Mark the Evangelist

Catholics Believe: sacramentals

The Church Follows Jesus: Blessed Pope John XXIII

Prayer: praying with actions

Catechism of the Catholic Church (CCC): 1066-1118

U.S. Catholic Catechism for Adults (USCCA): pp. 168-169, 295-298

CHAPTER 10 - Our Church Welcomes Us

Faith Concepts:

- Baptism is the first Sacrament we receive.
- The Sacrament of Baptism joins us to Christ and makes us members of the Church.
- The words and actions of Baptism show that we share in God's life.

Sacred Scripture: Acts 10:30-48 (The Baptism of Cornelius); Galatians 3:26-28 (In Baptism, all are one in Christ Jesus.)

Disciple Power: faith (Theological Virtue)

Faith Vocabulary: grace, Baptism

Faith-Filled People: Saint Paul

Catholics Believe: baptismal candle

The Church Follows Jesus: Saint Kateri Tekakwitha

Prayer: a prayer of adoration

Catechism of the Catholic Church (CCC): 1213-1284

U.S. Catholic Catechism for Adults (USCCA): pp. 183-187

CHAPTER 11 - We Celebrate the Holy Spirit

Faith Concepts:

- Confirmation is received after the Sacrament of Baptism.
- In Confirmation, the Holy Spirit gives us spiritual gifts to help us love and serve God and one another.
- In the Sacrament of Confirmation, the Holy Spirit strengthens us to live our Baptism.

Sacred Scripture: Romans 12:5-6, 9-12, 18, 21 (Use spiritual gifts to live in peace.); 1 Corinthians 14:1,12 (Build up the Church with spiritual gifts.)

Disciple Power: knowledge (Gift of the Holy Spirit)

Faith Vocabulary: Confirmation, spiritual gifts

Faith-Filled People: Saint Stephen

Catholics Believe: Sacred Chrism

The Church Follows Jesus: Saint Catherine of Siena and Saint Thomas Aquinas

Prayer: a prayer to the Holy Spirit

Catechism of the Catholic Church (CCC): 1285-1314, 1830-1845

U.S. Catholic Catechism for Adults (USCCA): pp. 203-209

CHAPTER 12 - We Celebrate Forgiveness

Faith Concepts:

- Sin is choosing to do or say something against God.
- In Penance and Reconciliation, we ask for and receive forgiveness for our sins.
- Contrition, confession, penance, and absolution are part of Reconciliation.

Sacred Scripture: Psalm 5:3, 10 (prayer for help); Luke 15:7 (God rejoices when we return to him.); Luke 15:11-24 (Parable of the Forgiving Father); John 20:19-23 (The Apostles receive the power to forgive sins.)

Disciple Power: forgiveness (capital virtue)

Faith Vocabulary: sin, reconciliation, penance

Faith-Filled People: Zacchaeus

Catholics Believe: The Act of Contrition

The Church Follows Jesus: Saint John Vianney

Prayer: a prayer of petition

Catechism of the Catholic Church (CCC): 545-546, 587-590, 976-983, 1439, 1465, 1846-1848, 1420-1484

U.S. Catholic Catechism for Adults (USCCA): 234-243

Unit 4 We Worship, Part Two

CHAPTER 13 - We Gather For Mass

Faith Concepts:

- The Mass is the most important celebration of the Church.
- Everyone at Mass has a part to play in the celebration of the Mass.
- The Introductory Rites of the Mass gather us and prepare us to worship God.

Sacred Scripture: Psalm 100 (Give thanks to the Lord.); Joel 2:15-16, 23 (Call an assembly); Matthew 18:20 (Jesus is present when we gather in his name.)

Disciple Power: love (Theological Virtue)

Faith Vocabulary: Mass, assembly

Faith-Filled People: Saint Justin

Catholics Believe: The Lord's Day

The Church Follows Jesus: Father Petr Pit'ha

Prayer: praying a psalm

Catechism of the Catholic Church (CCC): 1322-1332, 1346, 1348

U.S. Catholic Catechism for Adults (USCCA): pp. 215-218

CHAPTER 14 - We Listen to God's Word

Faith Concepts:

- The Liturgy of the Word is the first main part of the Mass.
- The Gospel is the main part of the Liturgy of the Word.
- At Mass we listen and respond to the Word of God.

Sacred Scripture: Matthew 13:1-9, 18-23 (Parable of the Sower and the Seed); Luke 11:27-28 (Blessed are those who hear and obey the Word of God.)

Disciple Power: compassion (capital virtue)

Faith Vocabulary: Liturgy of the Word

Faith-Filled People: Saint Paul Chong Ha-sang

Catholics Believe: the sanctuary

The Church Follows Jesus: inclusion of all people

Prayer: a prayer of intercessions

Catechism of the Catholic Church (CCC): 1322-1332, 1346, 1349

U.S. Catholic Catechism for Adults (USCCA): p.218

CHAPTER 15 - We Give Thanks

Faith Concepts:

- At the Last Supper, Jesus gave the Church the Sacrament of the Eucharist.
- At the celebration of the Eucharist, the bread and wine become the Body and Blood of Jesus.
- We receive the Body and Blood of Jesus in Holy Communion.

Sacred Scripture: Psalm 35:18 (I thank you, Lord.); Luke 22:17-20 (The Last Supper)

Disciple Power: thankfulness (Fruit of the Holy Spirit as related to generosity)

Faith Vocabulary: Liturgy of the Eucharist, Eucharist

Faith-Filled People: Saint Pope Pius X

Catholics Believe: The Holy Sacrifice

The Church Follows Jesus: The Franciscans

Prayer: a prayer of blessing

Catechism of the Catholic Church (CCC): 1345-1405, 1830-1845

U.S. Catholic Catechism for Adults (USCCA): pp. 218-220

CHAPTER 16 - We Live as Disciples of Jesus

Faith Concepts:

- At the end of Mass, we receive God's blessing to live as Jesus' disciples.
- The Dismissal sends us forth from Mass to glorify God.
- The concluding procession reminds us that we are people sent on a mission.

Sacred Scripture: Isaiah 6:8 (Here I am, send me.); John 13:4-5, 13-14, 34-35 (Jesus gives a New Commandment of love.)

Disciple Power: courage (Cardinal Virtue)

Faith Vocabulary: procession

Faith-Filled People: Saint Damien de Veuster

Catholics Believe: washing of feet

The Church Follows Jesus: Jean Donovan and Saint Frances Cabrini

Prayer: Here I Am, Lord

Catechism of the Catholic Church (CCC): 1333-1405, 1822-1823

U.S. Catholic Catechism for Adults (USCCA): pp. 220-227

Unit 5 We Live, Part One

CHAPTER 17- In God's Image
Faith Concepts: <ul style="list-style-type: none"> All people are to be honored and respected. Jesus taught that we are to live as children of God. The Holy Spirit helps us make choices to live as children of God.
Sacred Scripture: Matthew 18:3 (God welcomes his children into Heaven.); John 14:6 (Jesus is the way, the truth, and the life); 1 John 3:1 (We are children of God.)
Disciple Power: kindness (Fruit of the Holy Spirit)
Faith Vocabulary: honor
Faith-filled People: Saint Teresa of Ávila
Catholics Believe: Fruits of the Holy Spirit
The Church Follows Jesus: Saint Thérèse of Lisieux
Prayer: May God Bless Us
<i>Catechism of the Catholic Church (CCC): 1699-1756, 1996-2016</i>
<i>U.S. Catholic Catechism for Adults (USCCA): 307-309, 328-330, 351-354</i>
CHAPTER 18 - We Live as Children of God
Faith Concepts: <ul style="list-style-type: none"> Jesus teaches on his own authority. Jesus taught us the greatest Commandment. The Great Commandment tells us to love God and to love other people as we love ourselves.
Sacred Scripture: Psalm 25:4-5 (Lord, teach us your ways.); Matthew 22:37-40 (Jesus teaches the Great Commandment.); John 14:9 (Whoever sees the Son sees the Father.)
Disciple Power: fortitude (Gift of the Holy Spirit)
Faith Vocabulary: rabbi, Great Commandment
Faith-Filled People: Saint Mary Magdalene
Catholics Believe: The Cross
The Church Follows Jesus: Saint Pedro Calungsod
Prayer: An Act of Love
<i>Catechism of the Catholic Church (CCC): 2052-2055, 2083, 2196</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-309</i>
CHAPTER 19 - We Love God
Faith Concepts: <ul style="list-style-type: none"> God gave us the Ten Commandments to live happy and holy lives. The first three Commandments teach us to love and honor God. Proverbs are wise sayings that help us to love God and to live happy and holy lives.
Sacred Scripture: Psalm 119:1-3 (Happy are those who obey God's Laws.); Proverbs 3:5-6 (Trust in the Lord.)
Disciple Power: obedience (capital virtue)
Faith Vocabulary: Ten Commandments
Faith-Filled People: Saint Scholastica
Catholics Believe: a bishop's motto
The Church Follows Jesus: Saint Benedict
Prayer: a prayer to the Holy Spirit
<i>Catechism of the Catholic Church (CCC): 2083-2136, 2142-2165, 2168-2188, 2194</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 341-369</i>
CHAPTER 20 - We Love Others
Faith Concepts: <ul style="list-style-type: none"> People who live the Ten Commandments help build a kind world. The last seven Commandments teach us to love, honor, and respect other people and ourselves. Jesus calls us to follow him by keeping the Ten Commandments and the Golden Rule.
Sacred Scripture: Matthew 7:12 (Do to others what you would have them do to you); Mark 10:17-22 (the rich young man)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: covet, false witness
Faith-Filled People: Saint John Bosco
Catholics Believe: almsgiving
The Church Follows Jesus: St. Vincent de Paul Society
Prayer: Trust in the Lord
<i>Catechism of the Catholic Church (CCC): 2196-2246, 2258-2317, 2331-2391, 2401-2499, 2464-2503, 2514-2527, 2535-2550</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 375-455</i>

Unit 6 We Live, Part Two

CHAPTER 21- We Make Choices
Faith Concepts: <ul style="list-style-type: none"> It is important for us to make wise choices. Making wise choices will help us find happiness. The Proverbs can help us choose wisely.
Sacred Scripture: Joshua 24:15 (My house will serve the Lord.); Proverbs 16:3 (Trust in the Lord.)
Disciple Power: humility (capital virtue)
Faith Vocabulary: wise choice, Heaven
Faith-Filled People: Saint Clare of Assisi
Catholics Believe: daily prayer
The Church Follows Jesus: Saint Francis of Assisi
Prayer: Prayer of St. Francis
<i>Catechism of the Catholic Church (CCC): 1719-1724, 2825</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 315-317</i>
CHAPTER 22 - We Can Choose Right from Wrong
Faith Concepts: <ul style="list-style-type: none"> We are making wise choices when we choose to live as Jesus taught. Wise choices show we are forming and following our consciences. All of our choices have consequences.
Sacred Scripture: Deuteronomy 30:19 (Choose life.); Sirach 15:14-15 (God created us with a free will.)
Disciple Power: joy (Fruit of the Holy Spirit)
Faith Vocabulary: consequences, conscience
Faith-Filled People: Saint Philip Neri
Catholics Believe: Examination of Conscience
The Church Follows Jesus: Saint Paula Frassinetti
Prayer: a prayer of St. Augustine
<i>Catechism of the Catholic Church (CCC): 1716-1724, 1730-1738, 1776-1794</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 314-315, 341-369</i>
CHAPTER 23 - We Share in God's Life
Faith Concepts: <ul style="list-style-type: none"> Grace is a gift from God. Sanctifying grace is the gift of God's life that he shares with us. The gift of peace helps us live a holy and happy life.
Sacred Scripture: Matthew 25:36 (As you do for others, you do for Jesus.); John 1:14, 16 (Jesus is the living Word.); John 20:21 (Jesus sends us with the Holy Spirit.)
Disciple Power: trust (Theological Virtue as related to faith)
Faith Vocabulary: sanctifying grace
Faith-Filled People: Saint Monica
Catholics Believe: The gift of peace
The Church Follows Jesus: prison chaplains
Prayer: The Hail Mary
<i>Catechism of the Catholic Church (CCC): 1846-1869, 1996-2016</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 193, 328-330</i>
CHAPTER 24 - The Our Father
Faith Concepts: <ul style="list-style-type: none"> We pray the Our Father to show our love and adoration for God. The Our Father helps us to live as children of God. The Our Father helps us to prepare for the Kingdom of God.
Sacred Scripture: Matthew 6:9-13 (Jesus teaches the Lord's Prayer)
Disciple Power: hope (Theological Virtue)
Faith Vocabulary: Kingdom of God
Faith-Filled People: Saint Thomas Aquinas
Catholics Believe: vocation
The Church Follows Jesus: the contemplative life
Prayer: a prayer of thanksgiving
<i>Catechism of the Catholic Church (CCC): 2777-2856</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 481-492</i>

Unit 1: We Believe, Part One

CHAPTER 1 - God Speaks to Us

Faith Concepts:
<ul style="list-style-type: none"> • God gives us the gift of faith to help us know and believe in him. • God speaks to us through the Bible. • God speaks to us through the Church.
Sacred Scripture: Mark 9:2-7 (The Transfiguration of Jesus); Mark 10:21 (You will have treasure in Heaven.); 2 Timothy 3:15-16 (Sacred Scripture comes from God); Acts 2:42, 45-47 (Early Church community)
Disciple Power: love (Theological Virtue)
Faith Vocabulary: faith, Holy Trinity
Faith-Filled People: the Evangelists
Catholics Believe: creeds of the Church
The Church Follows Jesus: Saint Francis of Assisi
Prayer: The Glory Be (English and Spanish)
<i>Catechism of the Catholic Church (CCC): 232-260</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 49-63</i>

CHAPTER 2 - God the Creator

Faith Concepts:
<ul style="list-style-type: none"> • God alone is Creator, who created everyone and everything. • God created people with a body and a soul, and in his image and likeness. • God always cares for us and for all of his creation.
Sacred Scripture: Genesis 1:3-27, 31 (God created everything and everyone.) Genesis 1:26-30 (Creation of human beings); Psalm 19:2 (Creation tells the glory of God.); Matthew 6:30-32 (Our heavenly Father knows our needs.)
Disciple Power: generosity (Fruit of the Holy Spirit)
Faith Vocabulary: creation, Divine Providence
Faith-Filled People: Saint Andrew the Apostle
Catholics Believe: Prayers of blessing
The Church Follows Jesus: Sisters of the Good Shepherd
Prayer: Psalm 104 (English and Vietnamese)
<i>Catechism of the Catholic Church (CCC): 279-314, 325-349, 355-379</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 53-63</i>

CHAPTER 3 - Mary Trusted God

Faith Concepts:
<ul style="list-style-type: none"> • God the Father chose Mary to be the mother of his Son, Jesus. • Jesus is the Son of God and the son of Mary. • Mary shows us what it means to say "Yes" to God.
Sacred Scripture: Proverbs 3:5-6 (Trust in the Lord.); Luke 1:28, 31, 35, 38 (The Annunciation); Luke 1: 45-46, 49 (The Magnificat)
Disciple Power: honor (capital virtue)
Faith Vocabulary: Annunciation, Incarnation
Faith-Filled People: Saint Elizabeth, Mary's cousin
Catholics Believe: Marian feast days
The Church Follows Jesus: Mary the Immaculate Conception, patron saint of the United States
Prayer: Salve Maria
<i>Catechism of the Catholic Church (CCC): 456-478, 484-507</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 141-149</i>

CHAPTER 4 - Jesus, the Son of God

Faith Concepts:
<ul style="list-style-type: none"> • Jesus Christ is the Messiah, the Savior God promised to send. • Jesus grew in age and wisdom, obeying Mary and Joseph. • Jesus announced the Good News of the Kingdom of God.
Sacred Scripture: Matthew 25:34-36 (What we do for the least among us, we do for Jesus.); Luke 2:28-30, 37-38 (Salvation prepared for us); Luke 2:46-47, 51-52 (Finding Jesus in the Temple)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: Messiah, Kingdom of God
Faith-Filled People: Saint Joseph, husband of Mary
Catholics Believe: Holy Childhood Association
The Church Follows Jesus: Saint Martin de Porres
Prayer: The Penitential Act
<i>Catechism of the Catholic Church (CCC): 512-560</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 79-87</i>

Unit 2: We Believe, Part Two

CHAPTER 5 - Jesus Is Risen!

Faith Concepts:
<ul style="list-style-type: none"> • Jesus suffered and died on the Cross to save all people from their sins. • Three days after Jesus died and was buried, he rose from the dead. • Forty days after Jesus rose from the dead, he ascended to the Father in Heaven.
Sacred Scripture: Psalm 33:22 (We hope in the Lord.); Matthew 27:59-60; 28:1, 5-7 (The Women at the Empty Tomb); Luke 23:26, 33, 34, 44, 46 (The Crucifixion of Jesus); Luke 24:50-51 (Ascension of Jesus)
Disciple Power: hope (Theological Virtue)
Faith Vocabulary: Paschal Mystery
Faith-Filled People: Joseph of Arimathea
Catholics Believe: The Apostles' Creed
The Church Follows Jesus: Simon of Cyrene and Veronica
Prayer: a prayer of adoration
<i>Catechism of the Catholic Church (CCC): 599-655</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 89-100</i>

CHAPTER 6 - The Gift of the Holy Spirit

Faith Concepts:
<ul style="list-style-type: none"> • God the Father sent the Holy Spirit in Jesus' name to always be with the Church. • On Pentecost, the Holy Spirit came to the disciples to help them teach about Jesus. • The Holy Spirit is our advocate, teacher, and guide.
Sacred Scripture: John 14:15-17; 16:5-7 (The Promise of the Holy Spirit); Acts 1:12-14 (The Coming of the Holy Spirit); Acts 1:12-14; 2:1-4, 14, 41 (Descent of the Holy Spirit at Pentecost); Romans 8:26 (The Holy Spirit helps us.)
Disciple Power: joy (Fruit of the Holy Spirit)
Faith Vocabulary: Holy Spirit, Pentecost
Faith-Filled People: Saint Mary Magdalene
Catholics Believe: Fruits of the Holy Spirit
The Church Follows Jesus: singing spirituals
Prayer: a sung prayer to the Holy Spirit
<i>Catechism of the Catholic Church (CCC): 687-747</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 101-110</i>

CHAPTER 7 - The Church

Faith Concepts:
<ul style="list-style-type: none"> • The Church is the holy People of God. • All the people of the Church are called to live holy lives. • All the people of the Church help others come to know and follow Jesus.
Sacred Scripture: Matthew 28:19-20 (Baptize all nations.); 1 Corinthians 6:19 (Your body is a temple of the Holy Spirit.); 1 Peter 2:9-10 (God has chosen you.)
Disciple Power: faithfulness (Fruit of the Holy Spirit)
Faith Vocabulary: Apostles, Church
Faith-Filled People: the ordained
Catholics Believe: the Works of Mercy
The Church Follows Jesus: Pope Francis
Prayer: The Our Father (English and Spanish)
<i>Catechism of the Catholic Church (CCC): 770-801, 849-933</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 111-139</i>

CHAPTER 8 - The Communion of Saints

Faith Concepts:
<ul style="list-style-type: none"> • Saints are those people whose love for God is stronger than their love for anyone or anything else. • The Church is the Communion of Saints. • The Church is the Body of Christ.
Sacred Scripture: Mark 12:30 (Love God with your whole heart, soul, mind, and strength.); 1 Corinthians 12:12, 27 (The Church is the Body of Christ.)
Disciple Power: humility (capital virtue)
Faith Vocabulary: Saints, Communion of Saints
Faith-Filled People: patron Saints
Catholics Believe: praying to the Saints
The Church Follows Jesus: Saint Juan Diego
Prayer: a Litany to Saints
<i>Catechism of the Catholic Church (CCC): 946-959, 1172-1173, 1402-1405</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 153-162</i>

Unit 3: We Worship, Part One

CHAPTER 9 - A People of Prayer

Faith Concepts:

- We pray for ourselves and for other people.
- We bless God who gives us all our blessings.
- We thank and praise God.

Sacred Scripture: Matthew 18:20 (Where two or three are gathered in God's name, he is with them.); Luke 17:11-16 (Healing of the Leper); Luke 23:34, 46 (Jesus prays for us during the Crucifixion.); 1 Thessalonians 5:16-18 (Pray without ceasing.)

Disciple Power: patience (capital virtue)

Faith Vocabulary: prayers of petition, prayers of intercession

Faith-Filled People: Saint Stephen, the Deacon

Catholics Believe: Liturgy of the Hours

The Church Follows Jesus: a parish prayer group

Prayer: Malo, Malo, Thanks Be to God

Catechism of the Catholic Church (CCC): 2598-2961

U.S. Catholic Catechism for Adults (USCCA): pp. 461-480

CHAPTER 10 - The Church Year

Faith Concepts:

- The liturgy is the Church's public worship of God and the work of the whole Church.
- The Church's year of worship is called the liturgical year.
- The liturgical year includes Advent, Christmas, Lent, Easter, and Ordinary Time.

Sacred Scripture: Ecclesiastes 3:1-4 (A Time for Everything)

Disciple Power: diligence (capital virtue)

Faith Vocabulary: worship, liturgy

Faith-Filled People: the Elect

Catholics Believe: liturgical colors

The Church Follows Jesus: diversity of the Church

Prayer: a prayer of thanksgiving (Sign Language)

Catechism of the Catholic Church (CCC): 1135-1186

U.S. Catholic Catechism for Adults (USCCA): 165-179

CHAPTER 11 - Celebrating God's Love

Faith Concepts:

- The Sacraments of Christian Initiation lay the foundation for our lives as disciples of Jesus.
- Baptism joins us to Christ and to the Church, the Body of Christ.
- Confirmation strengthens our Baptism and helps us to live as Jesus' followers.

Sacred Scripture: John 13:34 (Love one another.)

Disciple Power: fortitude (Cardinal Virtue)

Faith Vocabulary: Sacraments, Sacraments of Christian Initiation

Faith-Filled People: the Apostles

Catholics Believe: sacramentals

The Church Follows Jesus: Saint Peter Claver

Prayer: Baptismal promises (English and Spanish)

Catechism of the Catholic Church (CCC): 1135-1158, 1210-1274, 1285-1314

U.S. Catholic Catechism for Adults (USCCA): pp. 181-211

CHAPTER 12 - God's Healing Love

Faith Concepts:

- In the Sacrament of Reconciliation, God forgives us for our sins when we are truly sorry.
- In Penance and Reconciliation, the Holy Spirit helps us to not sin again.
- In the Sacrament of Anointing of the Sick, our faith and trust in God are made stronger.

Sacred Scripture: Luke 7:6-10 (Healing of the Centurion's servant.); Luke 15:16-24 (The Parable of the Forgiving Father); John 20:23 (The Apostles receive the power to forgive sins.)

Disciple Power: kindness (Fruit of the Holy Spirit)

Faith Vocabulary: sin, Sacraments of Healing

Faith-Filled People: Saint Peter the Apostle

Catholics Believe: the Beatitudes

The Church Follows Jesus: Saint Pedro de Betancur

Prayer: An Act of Contrition

Catechism of the Catholic Church (CCC): 1420-1484, 1499-1525

U.S. Catholic Catechism for Adults (USCCA): pp. 181-211

Unit 4: We Worship, Part Two

CHAPTER 13 - The Word of God

Faith Concepts:

- A parable is a story that Jesus used to teach people.
- Catholics have the obligation to take part in the Mass on Sundays.
- The Liturgy of the Word is the first main part of the liturgy.

Sacred Scripture: 1 Samuel 3:8-12 (God calls Samuel.); Mark 4:2-9 (Parable of the Sower)

Disciple Power: understanding (Gift of the Holy Spirit)

Faith Vocabulary: parables

Faith-Filled People: Saint Jerome

Catholics Believe: Catholic Relief Services

The Church Follows Jesus: St. John's Abbey

Prayer: Gospel Procession, Cameroon

Catechism of the Catholic Church (CCC): 101-141

U.S. Catholic Catechism for Adults (USCCA): pp. 22-33

CHAPTER 14 - The Bread of Life

Faith Concepts:

- At the Eucharist, we celebrate what Jesus did at the Last Supper.
- At the Eucharist, the bread and wine become the Body and Blood of Christ.
- The Eucharist is the Blessed Sacrament.

Sacred Scripture: Matthew 26:26-28 (The Last Supper.); Acts 3:6 (Peter heals a crippled man.)

Disciple Power: goodness (Fruit of the Holy Spirit)

Faith Vocabulary: Eucharist, Blessed Sacrament

Faith-Filled People: Saint Jeanne Jugan

Catholics Believe: holy days of obligation

The Church Follows Jesus: parish cultural diversity

Prayer: Preface VI of the Sundays in Ordinary Time

Catechism of the Catholic Church (CCC): 1322-1405

U.S. Catholic Catechism for Adults (USCCA): pp. 213-232

CHAPTER 15 - The Sacrament of Matrimony

Faith Concepts:

- Jesus performed a miracle at the wedding at Cana to show God's power at work in the world.
- At Baptism we receive our vocation to share in Jesus' life and work.
- In Matrimony, a baptized man and a baptized woman become a sign of God's love in the world.

Sacred Scripture: Ruth 1:16 (Ruth says she will follow God and stay with Naomi.); John 2:3-11 (Wedding at Cana)

Disciple Power: chastity (capital virtue and Fruit of the Holy Spirit)

Faith Vocabulary: miracle, matrimony

Faith-Filled People: Saint Elizabeth Ann Seton

Catholics Believe: the wedding ring

The Church Follows Jesus: Blesseds Maria and Luigi Beltrame Quattrocchi

Prayer: Blessing of servants: We ask your blessing, Lord (in Haitian)

Catechism of the Catholic Church (CCC): 1601-1666

U.S. Catholic Catechism for Adults (USCCA): pp. 277-292

CHAPTER 16 - Called to Serve

Faith Concepts:

- Bishops and priests lead people in worshipping God and living their faith.
- Deacons help bishops and work with priests.
- People called to imitate Jesus in special ways are part of the consecrated life.

Sacred Scripture: Isaiah 6:8 (Here I am, send me.); John 13:4-5, 15 (Jesus washes the disciples' feet)

Disciple Power: wisdom (Gift of the Holy Spirit)

Faith Vocabulary: Holy Orders, consecrated life

Faith-Filled People: Saint Teresa of Ávila

Catholics Believe: the Pope

The Church Follows Jesus: Sisters of Mercy

Prayer: a vocation prayer

Catechism of the Catholic Church (CCC): 1533-1589

U.S. Catholic Catechism for Adults (USCCA): pp. 262-275

Unit 5: We Live, Part One

CHAPTER 17- Happiness with God
Faith Concepts: <ul style="list-style-type: none"> • God gives us the gift of grace to share in his divine life. • God gives us the grace to live a holy and happy life. • Jesus promised us the gift of eternal life and happiness in Heaven.
Sacred Scripture: Luke 14: 16, 18-21, 23 (The Parable of the Great Feast); John 14:2-3 (Jesus prepares a place for us in Heaven.); 1 Corinthians 2:9 (We do not know what God has prepared for those who love him.)
Disciple Power: piety (Gift of the Holy Spirit)
Faith Vocabulary: sanctifying grace, Heaven
Faith-Filled People: Saint Thomas the Apostle
Catholics Believe: incense
The Church Follows Jesus: a Funeral Mass
Prayer: an act of hope
<i>Catechism of the Catholic Church (CCC): 1020-1050, 1997-2016</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 152-162, 168-169, 193, 329, 336</i>
CHAPTER 18 - God's Laws of Love
Faith Concepts: <ul style="list-style-type: none"> • The First Commandment teaches us to love God above all else. • The Second Commandment teaches us to love God by honoring his name. • The Third Commandment teaches us to love God by keeping the Lord's Day holy.
Sacred Scripture: Exodus 20:2-3, 7-8 (The first three Commandments.); Matthew 5:17-19 (Jesus shows us how to live the Commandments.); John 14:21; 15:12 (The New Commandment); 1 John 4:7-10 (God is love.)
Disciple Power: gentleness (Fruit of Holy Spirit)
Faith Vocabulary: Ten Commandments
Faith-Filled People: Saint John the Apostle
Catholics Believe: cathedrals
The Church Follows Jesus: Saint Josephine Bakhita
Prayer: a prayer of adoration
<i>Catechism of the Catholic Church (CCC): 218-221, 253-256, 2084-2132, 2142-2159, 2168-2188</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 339-371</i>
CHAPTER 19 - Love One Another
Faith Concepts: <ul style="list-style-type: none"> • The last seven Commandments teach us how to love and respect others and ourselves. • They teach us to honor and respect people and the things that belong to them. • They teach us to be honest and truthful, kind and generous.
Sacred Scripture: Psalm 133:1 (Living together in peace and with respect); Exodus 20:12-17 (Moses is given the Fourth through Tenth Commandments.)
Disciple Power: self-control (Fruit of the Holy Spirit)
Faith Vocabulary: obey, covet
Faith-Filled People: Saint Frances Cabrini
Catholics Believe: the Christian family
The Church Follows Jesus: Father Elwood Cassidy
Prayer: a prayer of intercessions (sign language)
<i>Catechism of the Catholic Church (CCC): 2196, 2217-2246, 2258-2317, 2331-2391, 2401-2449, 2464-2503, 2514-2527, 2534-2550</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 373-457</i>
CHAPTER 20 - The Great Commandment
Faith Concepts: <ul style="list-style-type: none"> • We show we are friends of God when we keep our promise to live the Covenant. • We live the Covenant when we love God with our whole hearts. • We live the Covenant when we love other people as we love ourselves.
Sacred Scripture: Matthew 22:35-40 (Jesus teaches the Great Commandment.); Luke 6:35 (Love your enemies.); John 15:12-13 (We are to love like Jesus.); 1 John 4:20 (If you say you love God but hate someone, you are a liar.)
Disciple Power: prudence (Cardinal Virtue)
Faith Vocabulary: Covenant, Great Commandment
Faith-Filled People: Dorothy Day
Catholics Believe: precepts of the Church
The Church Follows Jesus: Our Lady of La Vang
Prayer: Act of Love
<i>Catechism of the Catholic Church (CCC): 54-67, 2052-2055, 2083</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pg. 345</i>

Unit 6: We Live, Part Two

CHAPTER 21- Witnesses of Faith
Faith Concepts: <ul style="list-style-type: none"> • Saul became one of Jesus' disciples and became known as Paul. • Women disciples also accompanied Jesus and the Apostles. • Missionaries travel all over the world to help people come to know Jesus.
Sacred Scripture: Luke 8:1-3 (Women disciples of Jesus); John 9:25 (Jesus healed a blind man.); Acts 9:3-6, 8, 18 (Conversion of Saul)
Disciple Power: reverence (Gift of the Holy Spirit)
Faith Vocabulary: missionaries
Faith-Filled People: Saint John Neumann
Catholics Believe: holy people of God
The Church Follows Jesus: Saint Teresa Benedicta of the Cross
Prayer: Memorial Acclamation
<i>Catechism of the Catholic Church (CCC): 811-812, 849-867</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 125-139</i>
CHAPTER 22 - The Creeds
Faith Concepts: <ul style="list-style-type: none"> • We profess what we believe when we pray the creeds of the Church. • The Apostles' Creed summarizes the Church's beliefs since the time of the Apostles. • Praying the creeds of the Church helps us grow as a Church family.
Sacred Scripture: Romans 8:26 (The Holy Spirit helps us to pray.); 1 Corinthians 12:3 (The Holy Spirit helps us to believe in Jesus); Hebrews 11:2 (Jesus is the Author of faith.)
Disciple Power: knowledge (Gift of the Holy Spirit)
Faith Vocabulary: creeds, Apostles' Creed
Faith-Filled People: Saint Bernadette
Catholics Believe: baptismal promises
The Church Follows Jesus: Saint Paul Miki and Friends
Prayer: Te Deum with Japanese refrain
<i>Catechism of the Catholic Church (CCC): 2650-2672</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 35-63</i>
CHAPTER 23 - Living Our Faith
Faith Concepts: <ul style="list-style-type: none"> • The Beatitudes show ways Jesus wants his disciples to live. • The Beatitudes name the qualities and actions of people blessed by God. • The Beatitudes tell us what happens to people who obey God's Laws.
Sacred Scripture: Psalm 34:2,3 (I bless and give glory to God.); Matthew 5:3-10 (The Beatitudes.); 1 Corinthians 10:13 (God is faithful and is always with you.)
Disciple Power: perseverance (capital virtue as related to patience)
Faith Vocabulary: Beatitudes
Faith-Filled People: Saint Pauline of the Suffering Heart of Jesus
Catholics Believe: solidarity
The Church Follows Jesus: Catholic Charities USA
Prayer: prayer for the Kingdom of God, with French response
<i>Catechism of the Catholic Church (CCC): 1716-1729</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-309</i>
CHAPTER 24 - Praying as Jesus Did
Faith Concepts: <ul style="list-style-type: none"> • Jesus taught us to talk and listen to God the Father. • Jesus taught us to pray with trust. • Jesus gave us a prayer to ask for what we need and forgive others.
Sacred Scripture: Matthew 6:9 (When you pray, say, "Our Father."); Luke 23:34, 46 (Jesus surrenders to the Father.); 1 Thessalonians 1:2 (We give thanks to God.)
Disciple Power: obedience (capital virtue)
Faith Vocabulary: hallowed
Faith-Filled People: Saint Teresa of the Andes
Catholics Believe: houses of prayer
The Church Follows Jesus: Saint Monica
Prayer: Hallowed Be Thy Name (English and Spanish)
<i>Catechism of the Catholic Church (CCC): 2558-2567, 2598-2619, 2700-2719</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 481-495</i>

Unit 1 We Believe, Part One

CHAPTER 1 - God's Word to Us
Faith Concepts: <ul style="list-style-type: none"> • The Bible is the inspired, written Word of God. • The Holy Spirit inspired the human authors of the Bible. • The New Testament begins with the four Gospels.
Sacred Scripture: Genesis 1:1-3 (God is the Creator); Exodus 3:14 (God tells Moses his name.); Exodus 19:8 (The Israelites are faithful to God.) Matthew 5:14-16 (Our light must shine out to others.); Mark 1:16-18 (Jesus calls Peter and Andrew.)
Disciple Power: truthfulness (Gift of the Holy Spirit as related to understanding)
Faith Vocabulary: Sacred Scripture, Bible
Faith-Filled People: the Israelites
Catholics Believe: the Holy Spirit
The Church Follows Jesus: Reading the Bible
Prayer: gesture prayer before the Gospel
<i>Catechism of the Catholic Church (CCC): 101-133</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 23-33</i>
CHAPTER 2 - I Will Be Your God
Faith Concepts: <ul style="list-style-type: none"> • God gives us the gift of faith to help us know and believe in him. • God has revealed himself and his plan of creation and Salvation. • God has revealed himself most fully in his own Son, Jesus Christ.
Sacred Scripture: Exodus 6:6-7 (God saved the Israelites from slavery and they became his own people.); John 20:24-29 (Doubting Thomas)
Disciple Power: faith (Theological Virtue)
Faith Vocabulary: Divine Revelation
Faith-Filled People: Saint Thomas the Apostle
Catholics Believe: The Apostles' Creed
The Church Follows Jesus: the creeds of the Church
Prayer: a profession of faith
<i>Catechism of the Catholic Church (CCC): 27-43, 50-67, 142-197</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 12-18</i>
CHAPTER 3 - The Mystery of God
Faith Concepts: <ul style="list-style-type: none"> • God our Father, the Almighty, is all-knowing, all-loving, truth, and faithfulness. • God is the Creator of all that is visible and invisible. • All people are created in the image and likeness of God.
Sacred Scripture: Genesis 1:27 (Created in God's image); 2 Samuel 7:28 (God's words are truth); Psalm 148:1, 3, 11, 13 (All creation praises God.); Matthew 6:26, 28, 30 (Depend on God to care for you.)
Disciple Power: trust (Fruit of the Holy Spirit as related to faithfulness)
Faith Vocabulary: Almighty, Creator, Divine Providence
Faith-Filled People: Julian of Norwich
Catholics Believe: We are created in God's image and likeness
The Church Follows Jesus: Saints Isidore and Maria de la Cabeza
Prayer: Psalm 8
<i>Catechism of the Catholic Church (CCC): 199-379</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 53-55</i>
CHAPTER 4 - God's Promise
Faith Concepts: • God created all people to be happy with him now on Earth and forever in Heaven. • God promised to send a Savior. • Jesus Christ is the Savior God promised to send.
Sacred Scripture: Isaiah 9:1-5 (Prediction of the Messiah's birth); Mark 1:7-8 (John the Baptist preaches.)
Disciple Power: hope (Theological Virtue)
Faith Vocabulary: Original Sin, Messiah
Faith-Filled People: Isaiah the Prophet
Catholics Believe: Works of Mercy
The Church Follows Jesus: Dorothy Day
Prayer: a prayer of praise
<i>Catechism of the Catholic Church (CCC): 385-412</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 18, 56-57</i>

Unit 2 We Believe, Part Two

CHAPTER 5 - The Son of God
Faith Concepts: <ul style="list-style-type: none"> • Jesus, the Son of God, became one of us and did not give up being God. • At the start of his public ministry, Jesus announced that he is the Promised One. • Everything Jesus said and did was a sign of God's love for people.
Sacred Scripture: Matthew 1:21 (Name him Jesus); Matthew 9:27-31 (Jesus heals two blind men.); Luke 1:35 (Annunciation greeting); Luke 4:18-19 (Jesus announces he is God's Promised One.); John 10:14-15 (Jesus is the Good Shepherd.); Ephesians 5:1, 8-10 (We are children of the light, children of God.)
Disciple Power: love (Theological Virtue)
Faith Vocabulary: Incarnation, public ministry of Jesus
Faith-Filled People: patron Saints
Catholics Believe: signs of God's love
The Church Follows Jesus: Saint Anthony of Padua
Prayer: the Nicene Creed
<i>Catechism of the Catholic Church (CCC): 422-507, 512-560</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 79-87</i>
CHAPTER 6 - The Death and Resurrection of Jesus
Faith Concepts: <ul style="list-style-type: none"> • Jesus celebrated the Last Supper during Passover before he was crucified. • Jesus suffered and died on the Cross for us. • Jesus was raised from the dead and ascended to his Father in Heaven.
Sacred Scripture: Matthew 28:2-6 (Women at the Empty Tomb); Mark 10:33-34 (Jesus' prediction of being put to death); Luke 23:21, 34, 46 (Crucifixion of Jesus)
Disciple Power: courage (Cardinal Virtue)
Faith Vocabulary: Passover, Last Supper
Faith-Filled People: women disciples of Jesus
Catholics Believe: the symbol of the Cross
The Church Follows Jesus: Saint Helena of the Cross
Prayer: a prayer of adoration
<i>Catechism of the Catholic Church (CCC): 595-667</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 91-99</i>
CHAPTER 7 - Receive the Holy Spirit
Faith Concepts: <ul style="list-style-type: none"> • Jesus promised that he and the Father would send the Holy Spirit to help the disciples. • The Holy Spirit came to the disciples on Pentecost. • The Holy Spirit continues God's work in the Church.
Sacred Scripture: John 14:1, 25-27 (The Promise of the Holy Spirit); Acts 2:1-4 (Pentecost); Acts 2:38 (Peter preaches at Pentecost.)
Disciple Power: wisdom (Gift of the Holy Spirit)
Faith Vocabulary: Pentecost
Faith-Filled People: Saint Peter the Apostle
Catholics Believe: evangelization
The Church Follows Jesus: Maryknoll missionaries
Prayer: a prayer to the Holy Spirit
<i>Catechism of the Catholic Church (CCC): 683-741</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 101-110</i>
CHAPTER 8 - The People of God
Faith Concepts: • The Church is the Body of Christ, the People of God, and the Communion of Saints. • Jesus founded the Church on Saint Peter the Apostle • Jesus announced the coming of the Kingdom of God
Sacred Scripture: Psalm 100:3 (We are God's people, his flock.); Matthew 13:44 (Parable of the Hidden Treasure); Matthew 28:20 (Commissioning of the Disciples); 1 Peter 2:9 (We are a holy nation, a chosen race.)
Disciple Power: understanding (Gift of the Holy Spirit)
Faith Vocabulary: People of God, Body of Christ
Faith-Filled People: the Apostles
Catholics Believe: All Souls' Day
The Church Follows Jesus: The Seven Holy Martyrs of Thailand
Prayer: prayer for the Kingdom of God
<i>Catechism of the Catholic Church (CCC): 748-959</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 115-123</i>

Unit 3 We Worship, Part One

CHAPTER 9 - People of Prayer
Faith Concepts: <ul style="list-style-type: none"> The Church is a people of prayer. The liturgy is the official prayer of the Church. The creeds of the Church are short summaries of the faith of the Church.
Sacred Scripture: Psalm 54:4 (O God, hear our prayer.); 1 Thessalonians 5:14-19 (Pray without ceasing.)
Disciple Power: wonder and awe (Gift of the Holy Spirit)
Faith Vocabulary: pray, Liturgy of the Hours
Faith-Filled People: the Benedictines
Catholics Believe: medals and statues
The Church Follows Jesus: Prayer partners
Prayer: The Hail Mary
<i>Catechism of the Catholic Church (CCC): 2558-2567, 2650-2679</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 461-495</i>
CHAPTER 10 - Celebrating God's Love
Faith Concepts: <ul style="list-style-type: none"> The liturgy of the Church is her work of worshipping God. In the liturgy, we are made sharers in the Paschal Mystery. The Church celebrates and shares in God's plan of Salvation.
Sacred Scripture: Psalm 66:1-4 (Let all praise the Lord.); Psalm 111:1, 2 (Praise the Lord with all my heart.); Mark 1:3 (Prepare the way of the Lord.); Acts 1:42, 46-47 (The life of the early Church)
Disciple Power: piety (Gift of the Holy Spirit)
Faith Vocabulary: liturgy, Paschal Mystery
Faith-Filled People: Saint John the Apostle
Catholics Believe: frequent Communion
The Church Follows Jesus: Las Posadas
Prayer: Holy, Holy, Holy Acclamation
<i>Catechism of the Catholic Church (CCC): 1076-1109, 1136-1187, 1200-1206</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 165-179</i>
CHAPTER 11 - Sharing in Christ's Life and Work
Faith Concepts: <ul style="list-style-type: none"> The Seven Sacraments were given to the Church by Christ. Baptism, Confirmation, and Eucharist are the three Sacraments of Christian Initiation. These Sacraments join us to Christ and make us full members of the Church.
Sacred Scripture: John 4:14 (Whoever drinks the water Jesus gives will never thirst.); 1 Corinthians 12:13, 27 (We are part of Christ's Body)
Disciple Power: knowledge (Gift of the Holy Spirit)
Faith Vocabulary: Sacraments, Sacraments of Christian Initiation
Faith-Filled People: Saint Kateri Tekakwitha
Catholics Believe: sacramentals
The Church Follows Jesus: Bread for the World
Prayer: an anointing prayer
<i>Catechism of the Catholic Church (CCC): 1113-1130, 1210-1274, 1285-1314, 1322-1405</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 181-199, 201-211, 213-232, 527</i>
CHAPTER 12 - Responding to God's Call
Faith Concepts: <ul style="list-style-type: none"> Samuel listened to God to learn what God wanted him to do. God calls all of the baptized to do the work of the Church. Every person who is baptized has a vocation to know, love, and serve God.
Sacred Scripture: 1 Samuel 3:8-10 (The Call of Samuel); Matthew 28:19 (Make disciples of all nations.); Acts 2:1-4, 36 (Peter preaches at Pentecost.)
Disciple Power: joy (Fruit of the Holy Spirit)
Faith Vocabulary: vocation
Faith-Filled People: Saint John Bosco
Catholics Believe: the Church supports vocations
The Church Follows Jesus: parish priests
Prayer: prayer of meditation
<i>Catechism of the Catholic Church (CCC): 54-61, 121-130, 157-165, 1373-1381</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 37-45</i>

Unit 4 We Worship, Part Two

CHAPTER 13 - Jesus Feeds Us
Faith Concepts: <ul style="list-style-type: none"> During the Exodus, God fed the Israelites with manna. Jesus fed five thousand people with five loaves of bread and two fish. The Bible invites us to believe and trust in God's caring love for us.
Sacred Scripture: Exodus 16:4; 16:14-15 (God gives the Israelites manna during the Exodus.); Luke 9:11-13, 16-17 (Jesus feeds the crowd.) Luke 22:19 (The Last Supper); John 6:56, 58 (Jesus calls himself the Bread of Life.)
Disciple Power: kindness (Fruit of the Holy Spirit)
Faith Vocabulary: Exodus, manna
Faith-Filled People: Venerable Solanus Casey
Catholics Believe: almsgiving
The Church Follows Jesus: Venerable Solanus Casey
Prayer: a litany on the Body and Blood of Christ
<i>Catechism of the Catholic Church (CCC): 302-314, 1094, 1334, 1363, 1391-1405</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 220-229</i>
CHAPTER 14 - Jesus Forgives
Faith Concepts: <ul style="list-style-type: none"> Jesus continues his work of healing and forgiveness through the Church. In Penance and Reconciliation, we receive forgiveness for sins committed after we are baptized. In Penance and Reconciliation, we receive the grace to say no to sin.
Sacred Scripture: Matthew 9:1-8 (Jesus heals a paralytic man.); Matthew 18:21-22 (Parable of the Unforgiving Servant);
Disciple Power: forgiveness (capital virtue)
Faith Vocabulary: Sacraments of Healing, sin
Faith-Filled People: Archbishop Óscar Romero
Catholics Believe: examination of conscience
The Church Follows Jesus: Blessed Zepherin Namuncura
Prayer: an Act of Contrition
<i>Catechism of the Catholic Church (CCC): 1420-1484, 1499-1525</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 168, 233-247</i>
CHAPTER 15 - Jesus Heals the Sick
Faith Concepts: <ul style="list-style-type: none"> The Bible has many stories about people who were sick and suffering. Jairus believed that Jesus would heal his daughter. We are to reach out to Jesus when we are sick or suffering in any way.
Sacred Scripture: Psalm 5:2 (Lord, hear my sighing.); Luke 4:38-39 (Jesus cures Peter's mother-in-law.); Luke 8:40-55 (Jesus heals Jairus' daughter); James 5:14-15 (Anointing of the Sick)
Disciple Power: compassion (capital virtue)
Faith Vocabulary: suffering, synagogue
Faith-Filled People: Saint John of God
Catholics Believe: Oil of the Sick
The Church Follows Jesus: parish ministers to sick
Prayer: a prayer of intercession
<i>Catechism of the Catholic Church (CCC): 309-314, 1500-1510</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 69-70, 168, 249-259</i>
CHAPTER 16 - Signs of God's Love
Faith Concepts: <ul style="list-style-type: none"> The Sacraments at the Service of Communion set aside members of the Church to help others live holy lives. Bishops, priests, and deacons are ordained to serve the whole Church. In Marriage, a baptized man and a baptized woman receive the grace to love and serve one another and the Church.
Sacred Scripture: Mark 3:13-14 (Jesus chose the Apostles to serve in his name.); Luke 10:1-2 (The Mission of the Disciples.); John 15:5-6, 8, 9, (Jesus is the vine, we are the branches.)
Disciple Power: holiness (Fruit of the Holy Spirit as related to peace)
Faith Vocabulary: Sacraments at the Service of Communion, domestic Church
Faith-Filled People: the Pope
Catholics Believe: vows and promises
The Church Follows Jesus: Blessed Maria Romero Meneses
Prayer: a prayer for vocations
<i>Catechism of the Catholic Church (CCC): 1533-1589, 1601-1658</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 262-292</i>

Unit 5 We Live, Part One

CHAPTER 17- Created in God's Image
Faith Concepts: • We are each created with a body and a soul. • God created each of us with the gifts of intellect and free will. • We are each created with emotions that influence our decisions.
Sacred Scripture: Genesis 1:27 (God creates human beings in his image and likeness.); Psalm 119:73 (God has made and fashioned us.); Mark 12:30-31 (Love God with all your heart, soul, mind and strength.)
Disciple Power: prudence (Cardinal Virtue)
Faith Vocabulary: intellect, free will
Faith-Filled People: Saint Paul
Catholics Believe: papal letters
The Church Follows Jesus: Saint Augustine
Prayer: Prayer of Saint Augustine
<i>Catechism of the Catholic Church (CCC): 33-35, 1699-1743</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 56-57, 67-68, 310, 319</i>
CHAPTER 18 - The Beatitudes
Faith Concepts: • God wants everyone to be blessed and truly happy. • The Beatitudes guide us in making choices that lead to the happiness that comes from God. • Living the Beatitudes leads to the happiness God wants us to have.
Sacred Scripture: Proverbs 14:21 (Happy is the person who is kind to the poor.); Proverbs 16:20 (Happy is the person who trusts in the Lord.); Matthew 5:3-10 (The Beatitudes); Matthew 16:19-21 (The demands to follow Jesus.)
Disciple Power: generosity (Fruit of Holy Spirit)
Faith Vocabulary: Beatitudes
Faith-Filled People: Saint Louise de Marillac
Catholics Believe: vocation behind the Beatitudes
The Church Follows Jesus: Blessed Teresa of Calcutta
Prayer: praying the Beatitudes
<i>Catechism of the Catholic Church (CCC): 1716-1724</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pg. 308</i>
CHAPTER 19 - Living a Holy Life
Faith Concepts: • Conscience and the virtues help us make good moral choices. • Sin is freely choosing to say or do something we know is against God's will. • The Gifts of the Holy Spirit help us choose to live as followers of Jesus.
Sacred Scripture: Psalm 119:97-99, 105 (Your word is a lamp for my feet.)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: conscience, sanctifying grace
Faith-Filled People: Saint Thomas More
Catholics Believe: Lenten practices
The Church Follows Jesus: Operation Rice Bowl
Prayer: an examination of conscience
<i>Catechism of the Catholic Church (CCC): 1776-1794, 1803-1832, 1846-1869, 1996-2004</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 108, 314-317, 341</i>
CHAPTER 20 - Living God's Covenant
Faith Concepts: • God gave Moses the Ten Commandments on Mount Sinai. • The Ten Commandments teach us how to love God and our neighbor as ourselves. • Jesus came to show us how to live the Ten Commandments.
Sacred Scripture: Exodus 19:8-9, 14-16, 20; 20:1 (God gave Moses the Ten Commandments.); Psalm 119:1-3 (Happy are those who observe God's decrees.); Matthew 5:19 (Those who follow the Commandments will be the greatest in Heaven.)
Disciple Power: fortitude (Cardinal Virtue)
Faith Vocabulary: Hebrews, Ten Commandments
Faith-Filled People: Saint Charles Lwanga and Companions
Catholics Believe: social teaching of the Church
The Church Follows Jesus: Saint Peter Claver
Prayer: a prayer of meditation
<i>Catechism of the Catholic Church (CCC): 2052-2074, 2083, 2196</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 341-457</i>

Unit 6 We Live, Part Two

CHAPTER 21- Love God with All Your Heart
Faith Concepts: • The First Commandment teaches that us to worship only God. • The Second Commandment teaches us to show love and respect for all that belongs to God. • The Third Commandment teaches us to set aside one day each week as the Lord's Day.
Sacred Scripture: Exodus 20:2-3, 8 (The first three of the Ten Commandments.); Deuteronomy 6:4 (The Lord alone is God.); Matthew 22:34-38 (Jesus teaches the Greatest Commandment.)
Disciple Power: diligence (capital virtue)
Faith Vocabulary: worship, Lord's Day
Faith-Filled People: Old Testament prophets
Catholics Believe: the precepts of the Church
The Church Follows Jesus: Saint Joan of Arc
Prayer: the Divine Praises
<i>Catechism of the Catholic Church (CCC): 2084-2132, 2142-2159, 2168-2188</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 339-371</i>
CHAPTER 22 - Love Your Neighbor as Yourself
Faith Concepts: • The Fourth Commandment calls for respect of others. • The Fifth Commandment teaches us to respect all human life as a sacred gift from God. • The Sixth and Ninth Commandments teach us to express our friendships and love appropriately.
Sacred Scripture: Exodus 20:12-13, 14, 17 (The 4th, 5th, 6th, and 9th Commandments.); Matthew 22:39-40 (You shall love your neighbor as yourself.)
Disciple Power: respect (capital virtue)
Faith Vocabulary: honor
Faith-Filled People: Sister Helen Prejean
Catholics Believe: Respect Life Sunday
The Church Follows Jesus: L'Arche Communities
Prayer: A Prayer for All People
<i>Catechism of the Catholic Church (CCC): 2196-2246, 2258-2317, 2331-2391, 2514-2527</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 373-416, 439-446</i>
CHAPTER 23 - Love One Another
Faith Concepts: • The Seventh Commandment teaches us to respect the property of others. • The Eighth Commandment teaches to be honest and truthful. • The Tenth Commandment teaches us to be grateful and generous.
Sacred Scripture: Exodus 20:15-17 (The 7th, 8th, and 10th Commandments); Luke 12:32-34 (Where your heart is, there is your treasure.); John 15:12 (Jesus tells us to love one another.)
Disciple Power: mercy (capital virtue)
Faith Vocabulary: reparation, perjury
Faith-Filled People: Saint Stephen the Deacon
Catholics Believe: the collection at Mass
The Church Follows Jesus: the Potato Project
Prayer: prayer of mercy (Sign Language)
<i>Catechism of the Catholic Church (CCC): 2401-2449, 2464-2503, 2534-2550</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 417-438, 447-457</i>
CHAPTER 24 - The Prayer of Disciples
Faith Concepts: • Jesus is our Teacher, who helps us best understand how to live as children of God. • Jesus taught us to call God "our" Father in prayer. • When we pray the Lord's Prayer, we tell God that he is the center of our lives.
Sacred Scripture: Luke 11:1-4 (Jesus teaches the Lord's Prayer)
Disciple Power: charity (Theological Virtue)
Faith Vocabulary: rabbi, Lord's Prayer
Faith-Filled People: Saints Martha and Mary
Catholics Believe: the Doxology
The Church Follows Jesus: The Heifer Project
Prayer: the Our Father
<i>Catechism of the Catholic Church (CCC): 2759-2856</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 481-495</i>

Unit 1 We Believe, Part One

CHAPTER 1 - Speak, Lord

Faith Concepts:
 • Divine Revelation is God making himself known and his plan of creation and Salvation.
 • We can come to know God through creation, especially through people.
 • God most fully reveals himself in Jesus Christ, the Son of God.

Sacred Scripture: John 3:16 (God sent his Son to save us.); Deuteronomy 7:6 (God has chosen us to be his people.); 1 Samuel 3:9 (Speak, Lord, your servant is listening.)

Disciple Power: knowledge (Gift of the Holy Spirit)

Faith Vocabulary: Divine Revelation, faith

Faith-Filled People: Saint Anselm of Canterbury

Catholics Believe: Human beings are created for happiness.

The Church Follows Jesus: Blessed Pope John XXIII

Prayer: Act of Faith

Catechism of the Catholic Church (CCC): 50-67, 142-175, 185-197

U.S. Catholic Catechism for Adults (USCCA): pp. 11-19, 35-47

CHAPTER 2 - The Word of God

Faith Concepts:
 • The Bible is the inspired written Word of God.
 • The Old Testament tells the story of God's Covenant with his people.
 • The New Testament reveals that Jesus Christ is the new and everlasting Covenant.

Sacred Scripture: Mark 4:39-41 (Jesus calms the storm at sea.); Psalm 119:105 (God's Word is a light for our paths.)

Disciple Power: reverence (Gift of the Holy Spirit)

Faith Vocabulary: Inspiration of the Bible, Gospel

Faith-Filled People: Saint Jerome

Catholics Believe: The Lectionary and the Book of the Gospels

The Church Follows Jesus: Reverence for Sacred Scripture

Prayer: Meditation

Catechism of the Catholic Church (CCC): 50-133

U.S. Catholic Catechism for Adults (USCCA): pp. 11-33

CHAPTER 3 - The Holy Trinity

Faith Concepts:
 • The Holy Trinity is the central belief of the faith of the Church.
 • The mystery of the Trinity is most fully revealed in Jesus Christ.
 • We profess our belief in the Holy Trinity when we pray the Nicene Creed at Mass.

Sacred Scripture: Psalm 25:4-5 (Teach us your paths, God.); Matthew 28:19 (Make disciples of all nations.); John 14:26 (The Holy Spirit will teach us all things.)

Disciple Power: wonder and awe (Gift of the Holy Spirit)

Faith Vocabulary: Holy Trinity, Annunciation

Faith-Filled People: Saint John de Matha

Catholics Believe: holy water

The Church Follows Jesus: Saint Augustine of Hippo

Prayer: Profession of faith

Catechism of the Catholic Church (CCC): 232-260

U.S. Catholic Catechism for Adults (USCCA): pp. 49-63

CHAPTER 4 - Great Is the Lord

Faith Concepts:
 • God is One, almighty, holy, eternal, love, and truth.
 • God is the Creator of everyone and everything, visible and invisible.
 • The sin of Adam and Eve explains the beginning of all sin in the world.

Sacred Scripture: Isaiah 64:7 (God is our Father, and we are the work of his hands.); Isaiah 6:3 (Holy is the Lord!); Isaiah 40 (God's promise of Salvation); Matthew 6:9 (Our Father in Heaven); Psalm 33:4 (All of God's works are trustworthy.)

Disciple Power: joy (Fruit of the Holy Spirit)

Faith Vocabulary: attributes of God, Abba

Faith-Filled People: Saint Thérèse of Lisieux

Catholics Believe: the mystery of God

The Church Follows Jesus: Blessing Prayers

Prayer: Prayer of Praise

Catechism of the Catholic Church (CCC): 199-227, 268-274, 279-412

U.S. Catholic Catechism for Adults (USCCA): pp. 49-75

Unit 2 We Believe, Part Two

CHAPTER 5 - Jesus Christ, Son of God

Faith Concepts:
 • Jesus is the Christ, the Messiah and the Lord.
 • He is true God and true man.
 • The Virgin Mary is the Mother of the Church.

Sacred Scripture: Matthew 1:20-21 (Joseph's dream—Jesus was conceived by Holy Spirit.); Luke 2:11 (Today in the city of David, a savior has been born.)

Disciple Power: faithfulness (Fruit of the Holy Spirit)

Faith Vocabulary: Christ, Lord

Faith-Filled People: Saint Matthew and Saint Luke, Evangelists

Catholics Believe: Christmas customs

The Church Follows Jesus: Madonna and Child

Prayer: Prayer of Petition

Catechism of the Catholic Church (CCC): 422-451, 456-478, 484-507

U.S. Catholic Catechism for Adults (USCCA): pp. 77-87

CHAPTER 6 - The Paschal Mystery

Faith Concepts:
 • The Passover celebrates God freeing the Israelites from slavery and leading them to new life.
 • The Paschal Mystery is Jesus' Passion, Death, Resurrection, and glorious Ascension.
 • By his Paschal Mystery, Christ freed people from sin and death.

Sacred Scripture: Luke 24:1-3 (Resurrection of Jesus); 1 Corinthians 15:12-14, 19 (Hope in the Resurrection)

Disciple Power: hope (Theological Virtue)

Faith Vocabulary: Passover, Paschal Mystery

Faith-Filled People: Saint Veronica

Catholics Believe: pilgrimage

The Church Follows Jesus: Stations of the Cross

Prayer: The Exsultet

Catechism of the Catholic Church (CCC): 571-664

U.S. Catholic Catechism for Adults (USCCA): pp. 89-100

CHAPTER 7 - Many Gifts, One Spirit

Faith Concepts:
 • Jesus promised that the Advocate would come to his disciples.
 • Jesus sent the Holy Spirit to guide the Church as Teacher and Sanctifier.
 • The Holy Spirit makes the Church holy.

Sacred Scripture: Acts of the Apostles 2:1-2, 4 (Pentecost); John 16:5-7 (Jesus' promise to send an Advocate); Galatians 5:22-23 (the Fruit of the Spirit); 1 Corinthians 12:4-7 (Different gifts of the Spirit to build up the Church)

Disciple Power: courage (Cardinal Virtue)

Faith Vocabulary: charisms, Sacred Tradition

Faith-Filled People: Saint Elizabeth Ann Seton

Catholics Believe: Fruits of the Holy Spirit

The Church Follows Jesus: Saint Katharine Drexel

Prayer: Prayer for the Spread of the Gospel

Catechism of the Catholic Church (CCC): 683-741, 797-801, 1091-1109

U.S. Catholic Catechism for Adults (USCCA): pp. 101-123

CHAPTER 8 - Thy Kingdom Come!

Faith Concepts:
 • The Church is made up of the lay faithful, the ordained, and those in the consecrated life.
 • The four Marks of the Church are one, holy, catholic, and apostolic.
 • The Church works to prepare for the coming of the Kingdom of God.

Sacred Scripture: Romans 12:4-5 (The body of the Church is made up of many parts.); Mark 1:15 (Christ announces the Kingdom.); 2 Peter 3:13 (We await a new heaven and a new earth.)

Disciple Power: peace (Fruit of the Holy Spirit)

Faith Vocabulary: Church, Kingdom of God

Faith-Filled People: Blessed Pope John Paul II

Catholics Believe: Ichthus

The Church Follows Jesus: Catholic Relief Services

Prayer: The Our Father

Catechism of the Catholic Church (CCC): 668-679, 787-795, 811-972

U.S. Catholic Catechism for Adults (USCCA): pp. 111-139

Unit 3 We Worship, Part One

CHAPTER 9 - Celebrating the Liturgy
Faith Concepts: • The liturgy is the Church's work of worshiping God. • The liturgical year celebrates God's great plan of saving love for us. • The Sacraments make us sharers in the life of God.
Sacred Scripture: Psalm 75:2 (We give thanks to God and declare his deeds.); Matthew 28:20 (Jesus' Ascension)
Disciple Power: perseverance (capital virtue)
Faith Vocabulary: liturgy, Sacraments
Faith-Filled People: Blessed Pope John XXIII
Catholics Believe: liturgical colors
The Church Follows Jesus: Blessed Carlos Manuel
Prayer: Prayer of Praise and Honor
<i>Catechism of the Catholic Church (CCC): 1135-1186</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 165-179</i>
CHAPTER 10 - Joined to Christ
Faith Concepts: • Baptism, Confirmation, and Eucharist are the three Sacraments of Christian Initiation. • In Baptism we are joined to Christ and become members of the Church.. • In Baptism, Original Sin and all personal sins are forgiven.
Sacred Scripture: John 3:5 (Jesus tells Nicodemus that one must be born from water and the Spirit.); Matthew 3:13-17 (The baptism of Jesus)
Disciple Power: generosity (Fruit of the Holy Spirit)
Faith Vocabulary: Baptism, Chrism
Faith-Filled People: Nicodemus
Catholics Believe: baptismal garment
The Church Follows Jesus: Saint Maximilian Kolbe
Prayer: Renewal of Baptismal Promises
<i>Catechism of the Catholic Church (CCC): 1210-1284</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 181-199</i>
CHAPTER 11 - We Celebrate the Holy Spirit
Faith Concepts: • The name Christ means "anointed one" • In Confirmation we are sealed with the gift of the Holy Spirit. • The Gifts of the Holy Spirit empower us to continue the mission of Christ.
Sacred Scripture: Luke 4:18-19 (The Spirit of the Lord leads me to bring the Good News to the poor, proclaim liberty to captives, and give sight to the blind.); 1 Samuel 16:12-13 (Anointing of David)
Disciple Power: understanding (Gift of the Holy Spirit)
Faith Vocabulary: Confirmation
Faith-Filled People: Missionaries
Catholics Believe: sacramental grace
The Church Follows Jesus: Dorothy Day
Prayer: Prayer for the Gifts of the Holy Spirit
<i>Catechism of the Catholic Church (CCC): 1285-1321</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 201-211</i>
CHAPTER 12 - One Bread, One Cup
Faith Concepts: • Jesus gave us the Eucharist at the Last Supper. • The Eucharist renews and makes present the one sacrifice of Christ. • The Eucharist is the center of the Christian life.
Sacred Scripture: Luke 22:19-20 (The Institution of the Eucharist); 1 Corinthians 11:23-26 (When we partake in the Eucharist, we proclaim the Death of the Lord until he comes again.)
Disciple Power: charity (Theological Virtue)
Faith Vocabulary: Eucharist, Mass
Faith-Filled People: Óscar Romero
Catholics Believe: Blessed Sacrament
The Church Follows Jesus: Blessed Teresa of Calcutta
Prayer: Praise for the Gift of the Eucharist
<i>Catechism of the Catholic Church (CCC): 1322-1405</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 213-232</i>

Unit 4 We Worship, Part Two

CHAPTER 13 - Jesus Heals the Sinner
Faith Concepts: • Jesus calls his disciples to forgive and to ask for forgiveness. • Penance and Reconciliation continues Jesus' ministry of healing. • Through Reconciliation, we are forgiven the sins we commit after we are baptized.
Sacred Scripture: Matthew 6:14-15 (Jesus teaches us to forgive others.); John 20:21-23 (The Risen Jesus gives the Apostles the power to forgive sins.)
Disciple Power: mercy (capital virtue)
Faith Vocabulary: Sacrament of Penance and Reconciliation, Sacraments of Healing
Faith-Filled People: Blessed Charles de Foucauld
Catholics Believe: healing grace
The Church Follows Jesus: Saint Maria Goretti
Prayer: Lord, Have Mercy
<i>Catechism of the Catholic Church (CCC): 1420-1498</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 233-247</i>
CHAPTER 14 - Jesus Heals the Sick
Faith Concepts: • Jesus continues his ministry of healing through the Sacraments of Healing. • Through the Anointing of the Sick, those who are seriously ill, weakened because of old age, or dying are joined to the suffering of Christ and receive strength and courage. • A person may receive the Anointing of the Sick more than once.
Sacred Scripture: Matthew 9:2, 6-8 (Jesus heals a paralyzed man.); Mark 2:5-11 (Jesus heals a paralyzed man and tells him his sins are forgiven.); John 9:1-12 (Jesus heals the man born blind.)
Disciple Power: kindness (capital virtue)
Faith Vocabulary: Sacrament of Anointing of the Sick
Faith-Filled People: Blessed Frances Schervier
Catholics Believe: Extreme Unction
The Church Follows Jesus: hospital chaplains
Prayer: Prayer for the Sick
<i>Catechism of the Catholic Church (CCC): 1499-1532</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 249-259</i>
CHAPTER 15 - The Sacrament of Holy Orders
Faith Concepts: • All the baptized are called to continue the work of Christ. • Holy Orders is one of the two Sacraments at the Service of Communion. • In Holy Orders, a baptized man is consecrated to serve the whole Church as a bishop, priest, or deacon.
Sacred Scripture: Acts of the Apostles 20:28 (The Holy Spirit has appointed overseers to the Church.); 1 Corinthians 12:12-30 (The Church is the Body of Christ and is made up of many parts.) Colossians 3:12-15 (Put on love, the bond of perfection.)
Disciple Power: faith (Theological Virtue)
Faith Vocabulary: Sacrament of Holy Orders, Sacraments at the Service of Communion
Faith-Filled People: Joseph Maria Rubio y Peralta
Catholics Believe: pastoral administrators
The Church Follows Jesus: Saint Philip Neri
Prayer: Liturgy of the Word
<i>Catechism of the Catholic Church (CCC): 1536-1600</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 261-275</i>
CHAPTER 16 - The Sacrament of Matrimony
Faith Concepts: • Matrimony unites a baptized man and a baptized woman in a lifelong bond of faithful love. • The couple being married are the ministers of this Sacrament. • A married couple serves each other, their family, and others with love.
Sacred Scripture: 1 Corinthians 13:4-7 (The praises of love); Genesis 1:28, 2:24 (God created man and woman to be one flesh.); Colossians 3:12-17 (Bear with one another and put on love, the bond of perfection.)
Disciple Power: humility (capital virtue)
Faith Vocabulary: Sacrament of Matrimony
Faith-Filled People: Saint Anne
Catholics Believe: wedding rings
The Church Follows Jesus: Saint Thomas More
Prayer: A Family Blessing
<i>Catechism of the Catholic Church (CCC): 1601-1666</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 277-292</i>

Unit 5 We Live, Part One

CHAPTER 17 - Called to Holiness
Faith Concepts: • When we live as images of God, we live holy lives. • When we sin, we choose not to live holy lives. • The grace of God helps us live holy lives.
Sacred Scripture: 1 Peter 1:15–16 (Be holy as the Lord is holy.); John 15:9, 17 (Commandment to love one another); Psalm 25:4–5 (Teach us your paths, Lord.)
Disciple Power: goodness (Fruit of the Holy Spirit)
Faith Vocabulary: sanctifying grace, actual grace
Faith-Filled People: Saints Perpetua and Felicity
Catholics Believe: canonization
The Church Follows Jesus: Venerable Solanus Casey
Prayer: Praying a Psalm
<i>Catechism of the Catholic Church (CCC): 1846-1869, 1987-2016</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-338</i>
CHAPTER 18 - Making Moral Decisions
Faith Concepts: • Moral decisions help us grow as children of God and live as followers of Jesus Christ. • Conscience is our ability to know and judge what is right and what is wrong. • The Cardinal Virtues are good habits that help us to live holy lives.
Sacred Scripture: Psalm 25:4 (Teach us your paths, Lord.)
Disciple Power: prudence (Cardinal Virtue)
Faith Vocabulary: moral decisions, conscience
Faith-Filled People: Saint Catherine of Siena
Catholics Believe: examination of conscience
The Church Follows Jesus: Saint John Bosco
Prayer: An Examination of Conscience
<i>Catechism of the Catholic Church (CCC): 1699-1709, 1716-1724, 1730-1742, 1762-1770, 1776-1794, 1803-1811</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-321</i>
CHAPTER 19 - Living the Covenant
Faith Concepts: • Baptism binds us in an everlasting Covenant with God. • The Ten Commandments guide us in living the Covenant. • Jesus, the new and everlasting Covenant, came to fulfill the Law and the prophets.
Sacred Scripture: Psalm 117:2 (Steadfast is the Lord's love for us.); Galatians 3:29 (If you belong to Christ, you are Abraham's descendent.); Genesis 15:5–6 (God's Covenant with Abraham); Matthew 5:17–19 (Jesus fulfills the Law and prophets.); Jeremiah 31:31–33 (God will make a new Covenant with the Israelites.); Psalm 108:1–5 (God's kindness towers to the Heavens.)
Disciple Power: obedience (Fruit of Holy Spirit)
Faith Vocabulary: Covenant
Faith-Filled People: Abraham
Catholics Believe: indelible mark
The Church Follows Jesus: solemn agreements
Prayer: Prayer of Commitment
<i>Catechism of the Catholic Church (CCC): 26-231</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 11-76</i>
CHAPTER 20 - The Beatitudes
Faith Concepts: • The Beatitudes show ways Jesus wants his disciples to live. • The Beatitudes describe the qualities and actions of people blessed by God. • The Beatitudes guide us to prepare the way for the coming of the Kingdom of God.
Sacred Scripture: Matthew 5:12 (Rejoice and be glad.); Matthew 5:3–12 (Jesus teaches the Beatitudes.)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: Sermon on the Mount, Beatitudes
Faith-Filled People: Saint Damien de Veuster
Catholics Believe: Peter's Pence collection
The Church Follows Jesus: Habitat for Humanity
Prayer: Praying the Beatitudes
<i>Catechism of the Catholic Church (CCC): 1716-1724</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-321</i>

Unit 6 We Live, Part Two

CHAPTER 21 - Love of God
Faith Concepts: • The Ten Commandments guide us in making moral decisions. • The first three Commandments describe our responsibility to worship God. • Sunday is the Lord's Day for Christians.
Sacred Scripture: Psalm 119:33–34 (Instruct me, God, in your ways.); Exodus 20:2–3, 7–8 (Moses shares the first three of the Ten Commandments.); Deuteronomy 6:1 (The Lord your God gave you these commands.)
Disciple Power: meekness (capital virtue)
Faith Vocabulary: Ten Commandments, Manna
Faith-Filled People: Moses
Catholics Believe: Saturday Evening Mass
The Church Follows Jesus: Saint Dominic Savio
Prayer: Te Deum ("You Are God")
<i>Catechism of the Catholic Church (CCC): 2083-2132, 2142-2159, 2168-2188</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 339-371</i>
CHAPTER 22 - Love of Neighbor
Faith Concepts: • The Fourth Commandment teaches respect for parents and those in authority. • The Fifth Commandment teaches that all human life is sacred. • The Sixth and Ninth Commandments teach us to be chaste.
Sacred Scripture: Exodus 20:12–14, 17 (The Fourth, Fifth, Sixth, and Ninth Commandments.); Psalm 25:4 (Teach us your paths, Lord.)
Disciple Power: temperance (Cardinal Virtue)
Faith Vocabulary: chastity
Faith-Filled People: The Good Samaritan
Catholics Believe: pastoral letters
The Church Follows Jesus: Saint Rose of Lima
Prayer: Prayer of Saint Francis of Assisi
<i>Catechism of the Catholic Church (CCC): 2196-2400, 2514-2533</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 373-416, 439-446</i>
CHAPTER 23 - Living a Just and Truthful Life
Faith Concepts: • The Seventh Commandment teaches us to not take what does not belong to us. • The Eighth Commandment teaches us to be truthful. • The Tenth Commandment teaches us to be a good steward.
Sacred Scripture: Isaiah 45:8 (Let justice spring up.); Exodus 20:15–17 (The Seventh, Eighth, and Tenth Commandments.); John 15:7–14 (If you love me, keep my Commandments.); Ephesians 4:25 (Put away falsehood and speak truth to your neighbor.)
Disciple Power: integrity (capital virtue)
Faith Vocabulary: justice, honesty
Faith-Filled People: Saint Stephen, first martyr
Catholics Believe: Social Justice
The Church Follows Jesus: Blessed Miguel Pro
Prayer: Psalm 19
<i>Catechism of the Catholic Church (CCC): 2401-2513, 2534-2557</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 417-438, 447-457</i>
CHAPTER 24 - Lord, Teach Us to Pray
Faith Concepts: • Jesus taught his disciples to pray the Our Father. • The Our Father teaches us how to pray. • The Our Father teaches us how to live the Gospel.
Sacred Scripture: Psalm 69:14 (Lord, help us in your great kindness.); Matthew 6:9-13 (Jesus teaches the Lord's Prayer); John 17:20-22 (Jesus prays for us.)
Disciple Power: piety (Gift of the Holy Spirit)
Faith Vocabulary: Our Father
Faith-Filled People: Blessed Pierre Toussaint
Catholics Believe: evangelization
The Church Follows Jesus: Monks of Gethsemani
Prayer: The Lord's Prayer
<i>Catechism of the Catholic Church (CCC): 2558-2865</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 481-495</i>

Unit 1 We Believe, Part One

CHAPTER 1 - The Gift of Faith
Faith Concepts: • God placed in our hearts a desire to know, love, and serve him. • Jesus' whole life on Earth invited us to have faith in God. • The creeds are both a profession and a summary of the Church's faith in God.
Sacred Scripture: Psalm 148:7-13 (Praise the name of the Lord.); Jeremiah 24:7 (God has made us his people.)
Disciple Power: perseverance in faith (gift of the Holy Spirit)
Faith Vocabulary: faith, creed
Faith-Filled People: Miriam, sister of Moses
Catholics Believe: The Nicene Creed
The Church Follows Jesus: World Youth Day
Prayer: A baptismal profession of faith
<i>Catechism of the Catholic Church (CCC): 26-49, 142-197</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 2-9, 36-47</i>
CHAPTER 2 - The Word of God
Faith Concepts: • The Holy Spirit guided the human writers of Scripture. • Through the Bible, God reveals himself and his loving plan of Salvation. • The Bible tells the story of the Covenant between God and his people.
Sacred Scripture: Genesis 3:14-16 (Eve's descendants); Genesis 9:9-17 (Covenant with Noah); Genesis 12:1-3 (Covenant with Abraham); Exodus 3:4, 6, 10, 13-14 (The Israelites are God's people. God reveals his name to Moses.); Psalm 119:105-116 (In God's Word, we have hope.); Baruch 3:9, 12-13; 4:1-2 (Praise of Wisdom)
Disciple Power: knowledge (Gift of the Holy Spirit)
Faith Vocabulary: biblical inspiration, canon, Covenant
Faith-Filled People: the People of God
Catholics Believe: God is the Author of Scripture
The Church Follows Jesus: the prophet Baruch
Prayer: lectio divina using Psalm 119:105
<i>Catechism of the Catholic Church (CCC): 50-73, 101-141</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 12-27</i>
CHAPTER 3 - The Mystery of God
Faith Concepts: • God is the Mystery of mysteries who has revealed himself and his plan of creation and Redemption. • Creation is the work of the Holy Trinity. • The mystery of the Most Holy Trinity is at the center of our faith.
Sacred Scripture: Genesis 1:1, 27 (God created all things, and he created human beings in his image and likeness.); Psalm 66:1-2, 4 (Awesome are the works of God); John 1:1-5 (In the beginning was the Word.)
Disciple Power: wonder and awe (Gift of the Holy Spirit)
Faith Vocabulary: Divine Revelation, original holiness, original justice, sanctify
Faith-Filled People: Saint Thomas Aquinas
Catholics Believe: God alone is our ultimate goal.
The Church Follows Jesus: mosaics
Prayer: Psalm 66:1-2, 4
<i>Catechism of the Catholic Church (CCC): 198-231, 249-267, 355-387</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 50-53, 56-59</i>
CHAPTER 4 - God, Father and Creator
Faith Concepts: • God has revealed himself as Creator of all things, visible and invisible. • Original Sin is the sin that Adam and Eve committed by freely turning away from God's love and friendship. • In Jesus Christ we have been reconciled with God the Father, with one another, and with all of Creation.
Sacred Scripture: Genesis 2:16-17 (God's command to not eat from the fruit of the tree of knowledge of good and evil); Genesis 3:4-5 (Temptation of Eve by the serpent); Matthew 6:9-10 (The Lord's Prayer); John 17:1-26 (Jesus and the Father are one.)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: Original Sin, sin, temptation
Faith-Filled People: Mary, the New Eve
Catholics Believe: God's plan of Salvation
The Church Follows Jesus: the Lord's Prayer
Prayer: Psalm 96:2, 3-4, 11
<i>Catechism of the Catholic Church (CCC): 232-248, 268-354, 388-421</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 53-56, 68-75</i>

Unit 2 We Believe, Part Two

CHAPTER 5 - Son of God, Son of Mary
Faith Concepts: • God the Father chose Mary to be the mother of his Son. • Jesus is the Second Person of the Trinity who is the Messiah. • The Rosary is a prayer in which we reflect on the mysteries of Salvation.
Sacred Scripture: Matthew 16:16 (Simon's profession that Jesus is the Messiah); Luke 1:35-38 (The Annunciation); Luke 1:42-49 (The Visitation and Magnificat); John 1:14 (The Incarnation)
Disciple Power: humility (capital virtue)
Faith Vocabulary: Christ, Incarnation, Lord
Faith-Filled People: Saint Lawrence
Catholics Believe: Mary, Our Lady of the Rosary
The Church Follows Jesus: Mary, the first and model disciple
Prayer: Hail, Holy Queen
<i>Catechism of the Catholic Church (CCC): 422-570</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 77-87</i>
CHAPTER 6 - The Suffering Servant
Faith Concepts: • The Paschal Mystery is the Passion, Death, Resurrection, and Ascension of Jesus Christ. • Jesus Christ suffered death for the Redemption and Salvation of humanity. • The Resurrection is the principle and source of our future resurrection.
Sacred Scripture: Isaiah 52:13-15; 53:12 (Suffering Servant song); John 1:29 (Jesus is the Lamb of God)
Disciple Power: mercy (Fruit of the Holy Spirit as related to charity)
Faith Vocabulary: Paschal Mystery, Passion, Salvation
Faith-Filled People: the Passionists
Catholics Believe: the Paschal Mystery
The Church Follows Jesus: Saint Paul of the Cross
Prayer: Stations of the Cross
<i>Catechism of the Catholic Church (CCC): 571-682</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 90-110</i>
CHAPTER 7 - The Holy Spirit
Faith Concepts: • The Holy Spirit is at work bringing about God's plan of Salvation within the Church. • The Holy Spirit strengthens the Church to be a sign of Christ's love. • The Gifts of the Holy Spirit help us continue the mission of the Church.
Sacred Scripture: Psalm 143:10 (Lord, teach me to do your will.); Matthew 28:16-20 (Go make disciples of all nations.); Luke 24:48-49 (Jesus announces the Spirit is with him.); John 19:26-27 (Jesus gives Mary to the Church as our Mother.); Acts 1:4-5, 14-41; 2:1-4 (Pentecost); 1 Corinthians 6:19 (Your body is a temple of the Holy Spirit.)
Disciple Power: counsel (Gift of the Holy Spirit)
Faith Vocabulary: charism, Gospels, Pentecost
Faith-Filled People: the Spiritans
Catholics Believe: social teachings of the Church
The Church Follows Jesus: Saints Benedict and Scholastica
Prayer: a Liturgy of the Word: John 17:20-21
<i>Catechism of the Catholic Church (CCC): 683-747, 963-975</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 102-110, 141-149</i>
CHAPTER 8 - The Mystery of the Church
Faith Concepts: • Jesus Christ is the Head of the Church, the Body of Christ. • The Holy Spirit strengthens the Church to be one, holy, catholic, and apostolic. • The Kingdom of God is mysteriously present in the Church
Sacred Scripture: Psalm 28:7-9 (Lord, you are the strength of your people.); Matthew 28:19-20 (Make disciples of all nations.); Ephesians 4:5-6 (There is one Lord, one faith, one Baptism); 1 Peter 2:9 (You are a chosen race, a holy nation.)
Disciple Power: peace (Fruit of the Holy Spirit)
Faith Vocabulary: Church, Kingdom of God
Faith-Filled People: Saint Timothy
Catholics Believe: the Last Judgment
The Church Follows Jesus: Saint Marguerite Marie Alacoque
Prayer: a prayer of vocations
<i>Catechism of the Catholic Church (CCC): 748-962, 988-1060</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 111-139, 151-162</i>

Unit 3 We Worship, Part One

CHAPTER 9 - Celebrating the Liturgy
Faith Concepts: • The liturgy is the Church's work of worshipping God. • The Seven Sacraments are the center of the Church's liturgy. • Throughout the year, the Church praises God for what he has done and continues to do.
Sacred Scripture: Leviticus 23:1, 3 (Rest on the Sabbath); Psalm 57:9-11 (Give thanks to the Lord among the peoples.)
Disciple Power: Diligence (capital virtue)
Faith Vocabulary: liturgy, Sacraments
Faith-Filled People: Abraham
Catholics Believe: Rites of the Catholic Church
The Church Follows Jesus: Universality of the Church
Prayer: doxology, Eucharistic Prayer
<i>Catechism of the Catholic Church (CCC): 1076-1109, 1136-1186, 1206</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 165-179</i>
CHAPTER 10 - Baptism
Faith Concepts: • A person becomes fully initiated into the Church through the Sacraments of Initiation. • Baptism is the doorway to new life in the Holy Spirit and Salvation in Christ. • Through Baptism we are made sharers in God's divine life.
Sacred Scripture: Genesis 7:6-23 (Noah and the Flood); Exodus 14:26-31 (Crossing of the Red Sea); Mark 1:9-11 (Baptism of Jesus); John 19:31-37 (Water and blood out of Jesus' pierced side.)
Disciple Power: modesty (Fruit of the Holy Spirit)
Faith Vocabulary: Baptism, Christian Initiation, sanctifying grace
Faith-Filled People: the Old Testament prophets
Catholics Believe: Sacred Chrism
The Church Follows Jesus: Saint Charles Lwanga
Prayer: recalling our anointing at Baptism
<i>Catechism of the Catholic Church (CCC): 1210-1284</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 181-199</i>
CHAPTER 11 - Confirmation
Faith Concepts: • The Sacrament of Confirmation perfects the grace of Baptism. • The Rite of Confirmation includes the laying on of hands and anointing with oil by the bishop. • Through Confirmation we are called to be living witnesses for Christ.
Sacred Scripture: 1 Samuel 16:1-13 (The anointing of David); Acts 2:2-4 (Pentecost); Galatians 5:22-26 (The Fruit of the Holy Spirit.)
Disciple Power: fortitude (Cardinal Virtue)
Faith Vocabulary: Confirmation, consecrate
Faith-Filled People: USCCB
Catholics Believe: Gifts of the Holy Spirit
The Church Follows Jesus: martyrs in China
Prayer: Galatians 5:22-26
<i>Catechism of the Catholic Church (CCC): 1285-1321</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 201-211</i>
CHAPTER 12 - The Eucharist
Faith Concepts: • Many events in the Old Testament prefigure the mystery of the Eucharist. • The Mass recalls and makes present the one sacrifice of Christ. • The Eucharist is a memorial of the Paschal Mystery.
Sacred Scripture: Genesis 14:17-20 (Melchizedek); Exodus 12:1-20 (Passover in Egypt); Exodus 16:1-15 (Manna in the desert); Psalm 105:39-41 (God provided bread from heaven.)
Disciple Power: faithfulness (Fruit of the Holy Spirit)
Faith Vocabulary: Eucharist, Mass
Faith-Filled People: Saint Dominic de Guzman
Catholics Believe: the altar
The Church Follows Jesus: Archbishop Óscar Romero
Prayer: a Liturgy of the Word: John 6:32-35
<i>Catechism of the Catholic Church (CCC): 1322-1419</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 215-232</i>

Unit 4 We Worship, Part Two

CHAPTER 13 - Penance and Reconciliation
Faith Concepts: • The Sacraments of Healing are Penance and Reconciliation and the Anointing of the Sick. • The Rite of Penance includes repentance, confession, and absolution. • In Reconciliation we receive God's forgiveness for sins committed after Baptism.
Sacred Scripture: Matthew 25:41-43 (Whatever you do to the least of people you do to Jesus.); Luke 7:47-50 (Jesus forgives the repentant woman.)
Disciple Power: self-control (Fruit of the Holy Spirit)
Faith Vocabulary: mortal sin, venial sin
Faith-Filled People: Saint Mary Magdalene
Catholics Believe: forgiveness
The Church Follows Jesus: Saint Monica
Prayer: the Act of Contrition
<i>Catechism of the Catholic Church (CCC): 1420-1498</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 233-247</i>
CHAPTER 14 - Anointing of the Sick
Faith Concepts: • The Church continues Jesus' ministry of healing in the Sacraments of Healing. • Anointing of the Sick strengthens our faith and trust in God when we are seriously ill or dying. • The Rite of Anointing consists of the prayer of faith, laying on of hands, and the anointing with oil.
Sacred Scripture: Numbers 21:4-9 (Moses heals the ill); Psalm 102:2-6 (Prayer to God in time of distress); Matthew 9:35 (Jesus heals people); Mark 6:12-13 (The Apostles drove out many demons, anointed the sick and healed them.); James 5:14-15 (If you are sick, call upon the presbyters of the Church to pray over, anoint, and heal you.)
Disciple Power: gentleness (Fruit of the Holy Spirit)
Faith Vocabulary: Anointing of the Sick, hospice care
Faith-Filled People: Saint Rafqa
Catholics Believe: respect for terminally ill
The Church Follows Jesus: Catholic hospice care
Prayer: A Litany of the Saints
<i>Catechism of the Catholic Church (CCC): 1499-1532</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 249-259</i>
CHAPTER 15 - The Sacrament of Holy Orders
Faith Concepts: • Every Christian is joined to Christ in Baptism. • Holy Orders consecrates a baptized man to serve the whole Church as a bishop, priest, or deacon. • A bishop has received the fullness of the Sacrament of Holy Orders.
Sacred Scripture: Matthew 9:35-38 (Pray for vocations.); Mark 10:44-45 (To serve as Jesus did means to serve others.); Matthew 19:11-12 (Some give up marriage for the sake of the kingdom.)
Disciple Power: patience (Fruit of the Holy Spirit)
Faith Vocabulary: Communion, Ordination
Faith-Filled People: Venerable Jean Gailhac
Catholics Believe: male ordination
The Church Follows Jesus: Blessed John Henry Newman
Prayer: a prayer for vocations
<i>Catechism of the Catholic Church (CCC): 1533-1600</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 261-275</i>
CHAPTER 16 - The Sacrament of Matrimony
Faith Concepts: • In marriage, a man and a woman form a lifelong bond with openness to life. • Spousal love is to be exclusive, permanent, unbreakable, and faithful. • Married persons are to be a living sign of Christ's love for the Church.
Sacred Scripture: Tobit 7:11-13 (Marriage of Tobiah and Sarah); Isaiah 54:5-8 (God is like a husband to Israel.); Hosea 2:21-25 (God's Covenant between himself and Israel is like a marriage); Matthew 19:6 (What God has joined together, no one can separate.); 1 Corinthians 13:4-7, 13 (Love is the greatest.); Ephesians 5:21-27 (Relationship of husband and wife)
Disciple Power: chastity (Fruit of the Holy Spirit)
Faith Vocabulary: complementarity, conjugal love, Matrimony
Faith-Filled People: Blesseds Louis and Zélie Martin
Catholics Believe: marital love
The Church Follows Jesus: solemn blessing of marriage
Prayer: adaptation from the Rite of Marriage
<i>Catechism of the Catholic Church (CCC): 1601-1666</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 277-292</i>

Unit 5 We Live, Part One

CHAPTER 17- Our Call to Holiness
Faith Concepts: • The Theological Virtues connect us with God and strengthen us to live a life of holiness. • The grace of the Holy Spirit helps us to freely make choices to grow in holiness. • Living the Works of Mercy is a sign of holiness.
Sacred Scripture: Leviticus 11:44-45 (Be holy for God is holy.); Psalm 99:4, 7, 9 (God loves justice.); 1 Corinthians 13:13 (Love is the greatest.); Colossians 3:12-14 (Love, the bond of perfection)
Disciple Power: understanding (Gift of the Holy Spirit)
Faith Vocabulary: holiness, Theological Virtues, Works of Mercy
Faith-Filled People: Job
Catholics Believe: sacramentals
The Church Follows Jesus: The Gleaning Network
Prayer: Adaptation of <i>The Road Ahead</i> by Thomas Merton
<i>Catechism of the Catholic Church (CCC): 1699-1715, 1730-1748, 1803-1845, 1987-2029</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-313, 315-321, 328-330</i>
CHAPTER 18 - Making Moral Choices
Faith Concepts: • Sin is freely choosing to do or say what we know is against God's Law. • The sources of morality are object, intention, and circumstance. • Our consciences help us to judge whether an act is good or evil.
Sacred Scripture: Proverbs 3:13-14, 18 (Value of wisdom); Proverbs 6:16-19 (The Lord hates the dishonest.); Proverbs 11:19 (Virtue leads to life.); Proverbs 15:4 (Speak kindly to others.); Proverbs 16:8 (It is better to have a little with virtue than a lot through dishonesty.); Proverbs 24:3; 29:8 (Seek wisdom.); Matthew 15:18-20 (Concern over committing sin); Mark 10:17-22 (The parable of the Rich Young Man); 1 John 5:16-17 (Pray for those who are sinning.)
Disciple Power: prudence (Cardinal Virtue)
Faith Vocabulary: conscience, morality
Faith-Filled People: Saint Alphonse de Liguori
Catholics Believe: the Magisterium
The Church Follows Jesus: the Don Bosco system
Prayer: an examination of conscience
<i>Catechism of the Catholic Church (CCC): 1750-1761, 1776-1876</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 311-321</i>
CHAPTER 19 - The Law of Love
Faith Concepts: • Do good and avoid evil is a principle of the natural law. • Love of God and love of neighbor is essentially the Great Commandment. • The Law of Love is the way we are called to be friends with Jesus and with one another.
Sacred Scripture: Deuteronomy 6:4-5 (The Lord is your God, the Lord alone.); Tobit 4:15 (Do to no one what you dislike.); Matthew 5:44-47 (Love your enemies.); Matthew 7:12 (Do to others what you want them to do to you.); Matthew 22:37-40 (Jesus teaches the Great Commandment); Matthew 25:31-40 (Judgment of the Nations); Luke 6:31 (Do unto others.); John 13:34-35 (The New Commandment); John 15:9-15 (Keep God's Commandments.)
Disciple Power: charity (Theological Virtue)
Faith Vocabulary: Golden Rule, natural law, Shema
Faith-Filled People: Canossian Sisters
Catholics Believe: the New Law
The Church Follows Jesus: Saint Josephine Bakhita
Prayer: The Shema (English and Hebrew)
<i>Catechism of the Catholic Church (CCC): 1949-2029</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 310-311, 315-318, 327-330</i>
CHAPTER 20 - Ways of Happiness
Faith Concepts: • The Beatitudes are teachings of Jesus from his Sermon on the Mount. • Living the Beatitudes is the way to follow the Law of Love. • The spirit of joy comes from the love of God being the treasure kept in our hearts.
Sacred Scripture: Matthew 5:3-11 (The Beatitudes); Philippians 4:4, 8, 13 (Rejoice in the Lord always. Think about only good and holy things.)
Disciple Power: joy (Fruit of the Holy Spirit)
Faith Vocabulary: Beatitudes, canonization
Faith-Filled People: Blessed Chiara Badano
Catholics Believe: Communion of Saints
The Church Follows Jesus: Blessed Pope John XXIII
Prayer: Psalm 146:2, 5, 10
<i>Catechism of the Catholic Church (CCC): 1716-1729, 1812-1819, 1830-1845, 1965-2029</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-311, 318</i>

Unit 6 We Live, Part Two

CHAPTER 21- Love of God
Faith Concepts: • The First Commandment teaches us to worship only God. • The Second Commandment teaches us to respect and reverence God's name. • The Third Commandment teaches us to keep the Lord's Day holy.
Sacred Scripture: Exodus 20:1-17 (The Ten Commandments); Psalm 19:8-9 (The Law of the Lord is perfect and refreshes the soul.)
Disciple Power: piety (Gift of the Holy Spirit)
Faith Vocabulary: idolatry, worship
Faith-Filled People: Moses
Catholics Believe: sins against the honor of God
The Church Follows Jesus: The collection at Mass
Prayer: Psalm 103:1
<i>Catechism of the Catholic Church (CCC): 2083-2195</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 337-371</i>
CHAPTER 22 - Commandments of Love
Faith Concepts: • The Fourth Commandment teaches respect for others. • The Fifth Commandment teaches that we are to build a culture of life. • The Sixth and Ninth Commandments teach us to express and share love in respectful ways.
Sacred Scripture: Exodus 20:12-17 (God gives the Fourth, Fifth, Sixth, and Ninth Commandments.); Mark 10:5-9 (Jesus teaches there is no divorce in God's plan.)
Disciple Power: temperance (Cardinal Virtue)
Faith Vocabulary: covet, murder
Faith-Filled People: Ruth
Catholics Believe: male and female God created us
The Church Follows Jesus: culture of life
Prayer: Prayer of Saint Francis of Assisi
<i>Catechism of the Catholic Church (CCC): 2196-2400, 2514-2533</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 373-416, 439-446</i>
CHAPTER 23 - Love of Neighbor
Faith Concepts: • The Seventh and Tenth Commandments teach respect for earth's resources and other's possessions. • The Eighth Commandment teaches us to speak the truth. • We have the obligation to use our talents for the common good.
Sacred Scripture: Exodus 20:15-17 (God gives the Seventh, Eighth, and Tenth Commandments.); Luke 21:3-4 (The poor widow's contribution was generous.)
Disciple Power: generosity (Fruit of the Holy Spirit)
Faith Vocabulary: Almsgiving, reparation, stewardship
Faith-Filled People: Saint Paul of Tarsus
Catholics Believe: poverty of heart
The Church Follows Jesus: Venerable Henriette Delille
Prayer: a prayer for peace (Sign Language)
<i>Catechism of the Catholic Church (CCC): 2401-2513, 2534-2557</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 417-438, 447-457</i>
CHAPTER 24 - The Summary of the Gospel
Faith Concepts: • The Lord's Prayer is a prayer of all Christians. • The Lord's Prayer teaches us how to live the Gospel. • Traditionally the three forms of prayer are vocal prayer, meditation and contemplation.
Sacred Scripture: Psalm 33:20-22 (Hope in the Lord.); Matthew 6:9-13 (Jesus teaches the Our Father); John 12:27-28 (Jesus' prayer in the Garden of Gethsemane)
Disciple Power: hope (Theological Virtue)
Faith Vocabulary: adoration, contemplation, meditation
Faith-Filled People: Sarah
Catholics Believe: ecumenism
The Church Follows Jesus: Saint Hildegard of Bingen
Prayer: The Lord's Prayer
<i>Catechism of the Catholic Church (CCC): 2558-2865</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 461-495</i>